

This is a fun activity whether you're studying the letter C or just want or need your kids to move. Ask them to listen for every word that starts with the letter C. You can have them raise and lower their hands, stand up and sit down, or hop from the right foot to the left as they hear a new C word. So if they're sitting and hear **C**haracter, they stand, then on **C**onnection they sit back down. Got it? Good. Let's get going!

The **C**haracter **C**onnection

Character is about **c**hoosing what's right and **c**aring enough to do the right thing. Kids with **c**haracter have the **c**ourage to do what's right and they **c**onstantly **c**hallenge what's wrong. Our **c**haracter is who we are, what we do, and whom we **c**hoose to become. Respect, responsibility, **c**aring, trustworthiness, fairness, and **c**itizenship are important lifelong skills that help you make the **c**haracter **c**onnection. **C**ooperation is **c**rucial when **c**onstructing your **c**haracter. Every one of your **c**hoices has **c**onsequences, so **c**hoose **c**arefully. If you've got good **c**haracter in your **c**orner, then your reputation will be **c**onsistently solid. **C**ourtesy is also **c**ritical for **c**haracter kids! Always remember, your **c**haracter **c**ounts, everywhere, all the time, even when nobody's looking. We want to **c**atch you making quality **c**haracter **c**hoices and we're **c**ounting on you to be a **c**ool kid with **c**haracter. You **c**an **c**ertainly do it.

*Have students look at where their arms are or whether they're standing or sitting. You probably won't have 100% agreement, so try it again with the goal being 100%. Or try it with their eyes closed for a fun twist. Or speed up or slow down. Have students create a paragraph like this using a **C** or another letter to try out on their classmates or families.

***Find the **C** words:

character	caring	courage	cool
constantly	challenge	choose	can
choices	citizenship	connection	catch
constructing	consistently	counts	corner
counting	consequences	certainly	
carefully	courtesy	critical	
choosing	cooperation	crucial	