

Do A Ditty and Sing A Song

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The Character Rap - Use a pat, pat, clap rhythm

Trustworthiness, respect, responsibility,
Won't you try to be the best that you can be?
Fairness, caring, citizenship, too.
Do you listen to your conscience
When it tells you what to do?

Do you weigh things out? Are you judging fair?
Are you thinking with your heart and sprinkling kindness everywhere?
Do you go to vote? On committees do you serve?
Do you volunteer to do your part? Recycle to conserve?

Can you be trusted? Do you have integrity?
If I give you respect, will you give it back to me?
Do you pursue excellence in everything you do?
'Cause your stakeholders care!
Can they always count on you?

Trustworthiness, respect, and responsibility -
your Character Counts! that's plain to see!
Fairness, caring, citizenship, too.
Know it, love it, do it - now it's up to you!

The KINDness Song!

It's so cool to be kind; it starts right here with me. Just cool to be kind; sprinkle kindness and see.
It's way cool to be kind; the real global warming. Hey, friends, it really is cool to be kind!

Chugga Chugga Chugga Chugga Clap-Clap-Roll Chant

Chugga chugga, chugga chugga, clap-clap-roll. Chugga chugga, chugga chugga, clap-clap-roll.
Well don't you know that your character counts! Making choices is what life's all about.
Just be trustworthy, give respect, and always take responsibility (ee, ee, ee)!
Play fair, be caring, show good citizenship;. Be the change that the world wants to see!
Chugga chugga, chugga chugga, clap-clap-roll; Chugga chugga, chugga chugga, clap-clap-roll.

Give Kind, Get Kind - use Bunny Hop music and moves

Do a kind act; it'll boomerang back. Give kind, get kind, just like that!

HOPPY about RESPECT - use Bunny Hop music and moves

R-E-S-P-E-C-T: When I give respect, it comes back to me! (Then have your kids write another line!)

Making Decisions Is A Snap!

When you've got a decision that you need to make, better stop (put hand out), look (put "binoculars" on),
think (tap your brain), then decide (pound fist on opened hand like a gavel)!

Talk, Walk, then Tell - use Chicken Dance music and moves

Chorus (4X): If a bully bothers you and you don't know what to do, out at recess or in school - Talk, Walk, then
Tell (clap four times while you say this line). *Verse:* I'll be a buddy not a bully, I'll be a friend and take a stand.
I can swarm or go get a grown up, so we can all lend a helping hand.

A Friendship Celebration (use the tune Ring Around The Rosey)

It's a celebration, of cooperation! Sharing, caring, let's all be friends!

Golden Rule Ditty

(Use hand-jive motions)

R-E-S-P-E-C-T

You've got to give it, to get it

Yeah, that's the key!

We live by the golden rule, you see

At Westwood Elementary!

Kids With Character

(Use *Addams Family* tune)

Character Counts! (snap snap)

Character Counts! (snap snap)

Character Counts!

Character Counts!

Character Counts! (snap snap)

We show Citizenship and Caring

Trustworthiness and Fairness,

Respect, Responsibility -

We're kids with character!

Fill A Bucket

(Use *Are you sleeping?* tune)

Fill a bucket, fill a bucket

It's easy to do. It's easy to do.

I can fill a bucket, I can fill a bucket

So can you. So can you!

Fill a bucket (repeat)

Smile and say "Hi!" (repeat)

You can fill a bucket (repeat) -

Give it a try! (repeat)

Fill a bucket (repeat)

With your family (repeat)

We can all fill buckets (repeat)

Yes sreee (repeat)

RESPECT Ditty

R-E-S-P-E-C-T

Knowing it is showing it;

Giving it is living it!

The Anger Buster Rap - Use hand-jive motions

When anger chooses me, here's an important fact: I always get to choose exactly how I'll react.

I don't need to fight or shout, pout and cry; I have some healthy strategies for management to try.

I can write or draw or count to ten, I can talk it out or go outside to play.

I can take deep breaths or exercise, until my anger finally goes away.

So when anger chooses you, and it could, that's a fact; why not try my healthy ways to help when you react!

Gotta Be Fair

(Use hand-jive motions)

Gotta be fair, you gotta be fair.

Gotta take turns, and you gotta share.

You gotta be fair, just gotta be fair.

Gotta play by the rules

all the time and everywhere!

When I Get Mad

(Use *Addams Family* tune)

When I get mad (snap snap)

When I get mad (snap snap)

Here's what I do

to get me through

when I get mad! (snap snap)

I practice my square breathing

I slowly count from 1 to 10.

I talk it out or exercise

'til I am glad again!

RES-PON-SIBLE

(Use *MIC-KEY-MOUSE* tune)

When I do things to the best
of my ability, I'm

RES-PON-SIBLE!

I think before I act so that
stakeholders can count on me.

RES-PON-SIBLE.

Choose what's right (clap clap clap)

Day And Night (clap clap clap)

Always take responsibility (2, 3, 4)

Do what I'm supposed to do,

stay in control of me!

RES-PON-SIBLE.

It's Empathy

(Use *Bunny Hop* music and moves)

It's empathy, it's empathy.

When you put yourself

in place of me

it's empathy!

T-R-R-F-C-C

(Use hand-jive motions)

T-R-R-F-C-C

if it is to be it is up to me!

Terrific choices come naturally

when I take responsibility!

My Feelings

(Use *Old McDonald Had A Farm* tune)

My feelings are unique to me -

that's just the way I feel.

They change from day to day

you see, they're mine,

and that's the deal;

sometimes I'm happy, sometimes sad

sometimes scared & sometimes mad.

My feelings are unique to me -

that's just the way I feel!

R-E-S-P-E-C-T

(Use hand-jive motions)

R-E-S-P-E-C-T

makes Westwood a great place to be.

We speak and act respectfully,

We're kids with character!

What's Responsibility?

(Use *Are you sleeping?* tune or echo)

What's responsibility?

Stayin' in control of me.

Doin' my chores faithfully.

Makin' choices carefully.

Thinkin' about the stakeholders.

Thinkin' about the consequences.

You can count on me -

responsibility!

Trustworthiness Ditty

(Repeat using different voices)

If you mess it up, you gotta clean it up!