

# FISD Community Education

## Westwood After School Classes

### Spring 2017

ONLINE REGISTRATION AND PAYMENT AVAILABLE

JAN 9th 9 AM

<https://fisd.revtrak.net/tek9.asp>



**Students should report to the location indicated in the class or club described at the specified time.**

Parents must pick up students promptly at the front entrance of the school where the class is held when their child's activities finish each day. Supervision is not provided afterward. Students who misbehave or who are not promptly picked up will not be allowed to continue in their activities. For additional information call **Community Ed, 281.482.6000**, or check our **Link** to the FISD website: [www.fisd12.net](http://www.fisd12.net). **No classes when FISD schools are closed.**

***Parents – Please use Course Letter and Number when registering – ex: Art Explorers WW 01***

**Art Explorers (K-2)      WW01      Th      3-4 pm      2/9-3/9      \$90**

*L. Marx* - This class offers **NEW** and different projects from previous Art Explorers classes. Students will work with a former FISD Art teacher to create new projects in a different medium each day using oil pastels, watercolors, clay and more! Supplies are included and students are encouraged to take the class as many times as they like, since projects are not repeated. *Room 7*

**Bricks4Kidz (1-2)      WW02      W      3-4 pm      2/1-3/8      \$75**

*J. Reichardt - Gadgets & Gizmos* - Students love our interactive Bricks4Kidz models. This unit is all about the fun of doing something with what you've built. From a spinning top to a spin art model, kids will love playing with their creations! But don't worry, we sneak in lots of learning too-understanding probability in the "3-in-a-row" game model and learning about friction and symmetry with the spinning top lesson. Don't miss out! *All LEGO® kits remain the property of Bricks4Kidz. Class is in conjunction with Bales Bricks4Kids. Cafeteria*

**Camp Einstein - I (K-2)      WW03      Th      3-4 pm      2/2-3/9      \$110**

*C. Bielamowicz - Engineering & Science I* - Transform into an engineer with hands-on projects like designing roller coasters and propeller cars. Get to know your world on an elemental level by becoming a budding scientist who explores chemical reactions by building volcanoes and creating a rocket to launch into the sky! This STEM (Science, Technology, Engineering, Mathematics) class is perfect for the curious minded student who loves to build, create and see how things work! *Room 54*

**Camp Einstein - II (K-2) WW04 Th 3-4 pm 3/23-4/27 \$110**

*C. Bielamowicz - Engineering & Science II* - In this Session II class we will be doing projects in both engineering and science. Design motorized cars and foam rockets! Learn about blood typing and pH testing! This Session II class will offer different engineering and science lessons from Session I. Students from Session I are encouraged to sign up but new students are also welcome. *Room 54*

**Dancing Stars Music Video (1-2) WW05 W 3-4 pm 2/8-3/8 \$59**

*Dance Expressions, J. Smith* - New Song! Learn dance steps to film a fun age appropriate dance music video! This *coed* class will include dancing and use props to star in a video to Megan Trainors' Better When I'm Dancin'. The class will be filmed each week and on the last class students will go home with their finished video and celebrate with a dance party! **Wear your PE shoes.** *Westwood Cafeteria*

**Fit Club (1-5) WW06 Th 3-4 pm 2/2-3/30 \$55**

*M. Grethen, C. Romell, D. Smith* - Calling all, 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> graders!!! Fit club is a fun and exciting way to start a healthy lifestyle. Join us this semester for walking, jogging and running activities which will include mileage punch cards, races, relays and other fun games. This class is in conjunction with Westwood Fit Club. *Westwood Gym. Please pick up students in front of Westwood. Westwood Gym*

**Kid's Yoga - A (K-5) WW07 W 3-4 pm 2/1-3/8 \$60**

**Kid's Yoga - B (K-5) WW08 W 3-4 pm 3/22-5/3 \$60**

*A. Bendixen - This is a shared class between Bales and Westwood* - Through music and movement the students will learn basic yoga poses that will stretch and strengthen them. Mindfulness, relaxation, and breathing techniques will be taught in a playful way to help the students focus and release stress in their busy daily lives. We will have fun in a noncompetitive environment. To learn more about the program, go to [kiddingaroundyoga.com/Anne](http://kiddingaroundyoga.com/Anne). **Please bring a yoga mat to class. Yoga B no class on 4/12.** *Bales Gym*

**Learning Littles at Play (Pre K-K) WW09 Th 3-4 pm 4/6-4/27 \$55**

*M. Grethen, C. Romell* - These learning littles will develop and learn through fun and creativity. They will learn how to tie or start the process of tying shoes. We will play fun movement games and exercise our brains as we learn more about our ABC's and 123's - please bring tied shoes and pick up in front of Westwood. *Westwood Gym*

**Little Medical School® (K-2) WW10 M 3-4 pm 1/30-4/17 \$125**

*C. & K. Arnold* - Students learn about what doctors use and get their own working stethoscope to keep. They learn how the heart functions and get to listen using their own stethoscope. Through interactive exercise, learn what happens when the bodies digest food. Get up and moving to learn how air enters and exits the body. A face mask and gloves will make students feel like real surgeons as they learn to suture and tie knots! Our mission is to teach elementary and middle school children about the exciting field of medicine. Through hands-on demonstrations, crafts, and games, children are actively engaged as they explore the world of medicine. This is a 10-week STEM-based class. *Room 54*

**Little Veterinarian School® (K-2) WW11 W 3-4 pm 2/1-4/12 \$125**

*C. & K. Arnold* - This class encourages elementary school children to role play and explore the exciting world of veterinarians. The students will get their very own stuffed animal puppy. Using interactive demonstrations, crafts and games, kids learn how to take care of a pet and use instruments that real veterinarians use. We will learn how to measure and take assessments of their pet dog, and learn the importance of proper nutrition and eating proper foods in keeping a dog healthy and growing properly. Learn what to do when a dog gets hurt and how to care for stitches. Learn the importance of ticks and how to check for ticks. They will learn how to administer tick medicine. Learn and discuss how antibodies recognize and kill germs that enter the body. This is a 10-week STEM-based class. *Room 54*

**Manners Matter (Pre K-2)      WW12      M/W      3-4 pm      2/6-2/15      \$59**

*L. Westfall - Meet, Greet and Say Goodbye.* Children will learn social graces for social places. This etiquette program from the National Protocol School of Washington, D.C., is activity filled with Catherine the Mannerly Cat (a hand puppet) teaching eye contact, proper introduction, handshaking and how to be kind and interact with others. *Room 7*

**Soccer (Ages 5 & Up)      WW13      Th      6-7:30 pm      3/23-5/11      \$120**

*L. Alba - A soccer program that fits your kid and fits your time.* Games for all ages 5 and up. Includes practice shirt, medal and a Saturday family event. This program provides fitness and skills improvement. See *Youthfit.org* for more information. *Class meets at the Cline Playground, 505 Briarmeadow.*

**Tennis for All**

**Tennis A (6-13)      T01      M      3:40-4:40 pm      1/25-2/22      \$100**

**Tennis B (6-13)      T02      M      3:40-4:40 pm      2/29-4/11      \$100**

**Tennis C (6-13)      T03      M      3:40-4:40 pm      4/18-5/23      \$100**

*S. Bouis – Developmental tennis from a top professional.* Develop tennis strokes and promote match play with strategic purpose. Racquets discussed at first class; bring yours if you already have one. These camps located at the old junior high tennis courts on Woodlawn. In case of rain, report to the next scheduled class. No restrooms available. Contact instructor for additional information, 281-250-9448. *No classes on March 14<sup>th</sup>, March 28<sup>th</sup>, and May 9<sup>th</sup> due to Spring Break and STAAR testing.*

**Karate (5-12 yrs)      KA01      Th      6:30-7:30 pm      1/14-3/31      \$50**

*B. Gray - 11 weeks.* Learn techniques in art, sport, self-defense and self-confidence in American Karate. Includes kidnap prevention and awareness. UNIFORMS are REQUIRED and may be purchased for \$30 (cash only, please) at the class. Registrations accepted the first three weeks of class. KA02 for ages 13-70 from 7:30-8:30 pm. *These classes meet in the Bales Cafeteria.*

**Karate Mini-Session (5-12 yrs)      KA03      Th      6:30-7:30 pm      4/7-5/26      \$45**

*B. Gray - 8 weeks.* Learn techniques in art, sport, self-defense and self-confidence in American Karate. Includes kidnap prevention and awareness. UNIFORMS are REQUIRED and may be purchased for \$30 (cash only, please) at the class. Registrations accepted the first three weeks of class. KA04 for ages 13-70 from 7:30-8:30 pm. *These classes meet in the Bales Cafeteria.*

**PARENTS:** Office hours are T/W/Th, 8am-12pm, January 3-May 27. **Register early** to assure space in your selected activities. Notifications made if classes not available. If you do not hear otherwise, consider your child enrolled.

\*Register Online at <https://fisd.revtrak.net/tek9.asp>

\*Register in person at the Community Ed Office, T/W/Th – 8am-12 pm, 402 Laurel Dr.

\*Register in person at the Admin Bldg. M-F – 8 am-4:30 pm, 302 Laurel Dr.

\*Mail registrations to: Friendswood ISD Community Education, 302 Laurel Dr.

*FISD provides equal educational opportunities and does not discriminate against any person on the basis of race, color, religion, national origin, sex or handicap.*

## ONLINE REGISTRATION AND PAYMENT AVAILABLE JAN 9th 9 AM

<https://fisd.revtrak.net/tek9.asp>

**Absolutely NO schedule changes or camp substitutions  
unless Com Ed cancels a class!**

### FISD Community Education/Youth Registration

Make Checks Payable to:

Friendswood Community Education

302 Laurel Drive, Friendswood, TX 77546

Check \_\_\_\_\_

CASH \_\_\_\_\_

Name \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_ Age \_\_\_\_\_ HR Teacher \_\_\_\_\_

Address \_\_\_\_\_ Telephone \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Alternate Telephone \_\_\_\_\_

Emergency Contact (other than parent) \_\_\_\_\_ Telephone \_\_\_\_\_

Course Code: \_\_\_\_\_ Course Name \_\_\_\_\_ Fee \_\_\_\_\_

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**Liability Release:** I hereby release Friendswood Independent School District, its agents, employees, independent contractors and volunteers from all responsibility in case of illness, injury, accident, or other loss. I authorize medical treatment for my child in the event it is deemed necessary. **I understand I will be notified only if a class is full or canceled.** *Signature of parent or legal guardian required.*

Signature \_\_\_\_\_ Date \_\_\_\_\_ Email \_\_\_\_\_

