

FISD Community Education

Spring 2017 Adult & Adolescent Class Schedule

ONLINE REGISTRATION AND PAYMENT AVAILABLE
JAN 9th at 9 am

<https://fisd.revtrak.net/tek9.asp>



All classes are held at the Friendswood High School unless otherwise noted

American Heart Association

Advanced Child Care Training (16+) AH01 Sat 9-4 pm 4/8 \$129

T. DiFruscio, A. DiFruscio, Oxygen & Iron - Looking to become a nanny, sought-after babysitter, or care for kids for the first time in a residential setting? Participants will learn the most common child care routines and behavior along with safety inside and outside of the house. Course includes Pediatric First Aid, CPR, and AED training and certification. **Class held in the FISD Annex Training Room, 402 Laurel Drive.**

Babysitting (11-15) BA01 Sat 9-4 pm 4/1 \$85

T. DiFruscio, A. DiFruscio, American Red Cross Certified. Jump into a one-day course to learn the “ins and outs” of babysitting! This course, designed by the American Red Cross, prepares youth with the training every parent wants in a babysitter - safety, basic child care, safe play, first aid/critical emergency skills and leadership! Students should wear comfortable clothing and bring a sack lunch with drink. **Classes held in the FISD Annex Training Room, 402 Laurel Drive.**

Backyard Beekeeper BB01 Th 7-9 pm 2/9-4/20 \$50

H. Rogers - Master Beekeeper Advanced - Become a backyard beekeeper – beekeeping is fun, interesting, and rewarding in many ways. This class starts with a general introduction about why we keep bees, and to fast track you to enjoy your own bees in the spring. Classes progress through all aspects of beekeeping, including equipment, bee behavior, pests and diseases, seasonal maintenance, and apiary inspections. By the end of class you could have your own active hives and hopefully even a honey harvest this year!

Bridge Beginner/Morning BB02 W 10 am-12:30 pm 2/8-3/29 \$50

P. Harley - This 7-week course is an introduction to contract bridge. Designed for beginners, the course covers bidding, play of the hand and scoring. It can also serve as an overview of modern bidding for those whose bridge is rusty. **Class held at the FISD Annex, 402 Laurel Drive.**

Bridge Intermediate BI01 Th 6:30-9 pm 2/2-4/6 \$62

P. Harley - In this 9-week course, learn competitive bidding, weak two bids, pre-emptive bidding, overcalls, takeout doubles - plus popular conventions - Stayman, Jacoby Transfers, Strong Opening bids, Gerber and Blackwood. "Bridge provides the kind of mental acuity that is handy for anything you want to do with excellence." Bill Gates.

Coding Camp (6th-8th) CC01 W 4:15-5:15 pm 2/1-4/19 \$100

A. Walter - Kids are growing up with technology in a way that even millennials haven't experienced. Just watch a toddler navigate a tablet, and it's clear that technology comes naturally to the newest generation. Because we have evolved into this digital world, coding has become integral to companies everywhere, making programming a smart career path for the next generation. This camp will help middle school children learn how to problem solve and think analytically to be able to program code. This camp allows tween's children to experience the joy of programming and will prepare them for the future. After learning the basics of coding, we will be learning how to program Raspberry Pi's and Android tablets. This camp will be held at the *Friendswood High School* and facilitated by the Computer Science teacher. **No class 3/27 due to testing. FHS Computer Science Lab.**

College Prep-A CP01 Th 7-9 pm 2/9 \$25

J. Brand - **Picking the Right "FIT" Colleges and Majors** - Learn the importance of college selection as it pertains to admissions chances, and SAT/ACT scores. Discussion will include an overview of graduation requirements and endorsements, typical 4-year plans, and differences between AP and Dual Credit. **Class would be most useful for students in 8th-11th grades and their parents.**

College Prep-B CP02 Th 7-9 pm 2/16 \$25

J. Brand - **SAT or ACT** - This class will discuss the differences between these two tests, 2016 changes, essay requirements, average test scores for several colleges and how to prepare. Testing timeline for juniors along with recommendations for test prep strategies and skills will be distributed. **Class is ideal for Juniors and their parents, but also open to Sophomores.**

Conv. Beginner Spanish CS01 Th 7-8:30 pm 2/16-4/13 \$45

R. Pinto - This class is for those who want to learn the basics of Spanish. We will practice, play games, and learn together. You will be responsible for purchasing a book (\$10-\$15) in addition to the cost of the class.

Creative Writing & Publishing (15+) CW01 T/Th 7-8:15 pm 2/28-4/13 \$70

L. Patterson - Learn the basics of getting published, submitting query letters, journal and anthology publications, and self and traditional publishing. Beginning marketing strategies, submittable, Ebook formatting, print formatting. Working with an editor, this class will focus on novels, short fiction, and poetry.

Essentials of Estate Planning EP01 T 7-8:30 pm 2/7 \$20

Hegwood & Associates, P.C. - **Get answers to the questions you are afraid to ask.** Discover the estate planning basics every adult in Texas MUST know to protect assets, children, pets and end-of-life wishes following their death or incapacity. Families often worry that the assets they have worked so hard for could be gone in a matter of months at the hand of a nursing home facility, and rightfully so. Learn how to plan for the second half of life and learn what assets are exempt in the first place and how to hold on to those assets that are not. Wills, Probate, and Elder Law will be discussed.

Exporting Food as a Business-A EX01 T 8-9 pm 1/24-2/14 \$89

Exporting Food as a Business-B EX02 T 8-9 pm 4/11-5/2 \$89

J. Spiers - What if you could find untapped markets overseas for a small food or beverage business that was just as profitable but no more difficult than a domestic sale? Forget what you have heard about exporting and learn a proven strategy to test market your product while eliminating all the problems and risks people commonly associate with exporting. Whether acting as agent or principal, no business is too small to export. This class is online, but not ed2go. **Register with Community Ed by 1/19 for A, and 4/4 for B, and the instructor will contact you prior to course start date. Students must provide a legible email address with registrations.**

First Time Home Buyers HB01 Friday 6-9 pm 2/24 \$20

A. J. Culembourg - We will walk you through everything you need to know when planning to purchase your first home! What things you need to consider before you begin the process, the steps of the sale and home ownership! A lender will be on hand to go over preapproved requirements and programs and grants that may benefit first time home buyers as well. **Class held at Stanfield Properties, 807 S. Friendswood Drive.**

Genealogy Research GR01 W 7-8:30 pm 3/1-3/22 \$20

K. Zrubek, MLS - Whether you are just starting to research your family history or are a seasoned researcher, come discover and practice using several free and subscription-based online resources that can be accessed from home. Learn tips to effectively search and filter information to find your ancestors in various types of records including census, military, newspapers, land, court, immigration, family and local history books. Discuss several ways to save, preserve, and share the information found. The online resources covered in class include HeritageQuest, MyHeritage, FamilySearch, Chronicling America, USGenWeb and Ancestry.com. You are welcome to bring your family history information, laptop, or mobile device for use during class. **This class will be held at the Friendswood Public Library Community Room at 416 S. Friendswood Drive.**

Import Export Now-A IE01 Th 8-10 pm 1/26-3/23 \$95

Import Export Now-B IE02 Th 8-10 pm 4/13-6/1 \$95

J. Spiers - Now you can learn what it takes to be self-employed in the import or export (or both) of goods or services with this step-by-step hands-on seminar delivered over the internet. Learn how to develop your product or service, find the best suppliers, best customers, work with banks, currency issues, insurance companies, government agencies and other trade entities. Weekly live sessions online. After the formal nine-week course, you may join a listserv of ex-students, so access to the instructor and peers never ends. This class is online, but not ed2go. **Register with Community Ed by 1/19 for A and 4/4 for B, and the instructor will contact you prior to course start date. Students must provide a legible email address with registrations.**

Karate (5-12 yrs) KA01 Th 6:30-7:30 pm 1/12-3/30 \$50

B. Gray - 11 weeks. Learn techniques in art, sport, self-defense and self-confidence in American Karate. Includes kidnap prevention and awareness. UNIFORMS are REQUIRED and may be purchased for \$30 (cash only, please) at the class. Registrations accepted the first three weeks of class. KA02 for ages 13-70 from 7:30-8:30 pm. **These classes meet in the Bales Cafeteria.**

Karate Mini-Session (5-12 yrs) KA03 Th 6:30-7:30 pm 4/6-5/25 \$45

B. Gray - 8 weeks. Learn techniques in art, sport, self-defense and self-confidence in American Karate. Includes kidnap prevention and awareness. UNIFORMS are REQUIRED and may be purchased for \$30 (cash only, please) at the class. Registrations accepted the first three weeks of class. KA04 for ages 13-70 from 7:30-8:30 pm. **These classes meet in the Bales Cafeteria.**

Keyboarding (7th & Up) KB01 T 4:15-5:15 pm 2/21-4/4 \$40

K. Buster - Professionals in many settings use a computer keyboard. Keying is a skill you are likely to use to enter data, retrieve information, communicate, and improve productivity. Learn correct posture and position at the keyboard. Master correct touch-system techniques to improve speed and accuracy. Apply word processing skills to format basic documents in MS Word. **Room 607**

Oil Painting-A OP01 T 7-8:30 pm 2/7-3/7 \$100

Oil Painting-B OP02 Th 10-11:30 am 4/6-5/4 \$100

L. Marx - This is a beginner class. This course is designed to introduce the basic elements of oil painting with little or no experience. Learn the use of materials to gain a better understanding of the painting medium and how to translate concepts into visual images on canvas. Instruction will be given on color mixing, composition, and achieving painterly effects to create your own oil painting. **Evening class at FHS, Morning class at FISD Annex. Supplies included**

Real Estate Investing	RE01	Friday	6-9 pm	4/14	\$20
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A. J. Culembourg - 101 things you need to know. Have you been thinking of investing in Real Estate? It's time to soak up as much as you can! Our panel that night will include myself, a local lender, tax consultant and other investors. Some of the topics include: commercial properties; real estate flipping; long term rentals/holding long term; vacation rentals; furnished short term rentals; calculating return on investment; foreclosures; short sales; 1031 exchange and tax auctions. ***Class held at Stanfield Properties, 807 S. Friendswood Drive.***

Watercolor-A	WC01	Th	10-11:30 am	2/9-3/9	\$100
Watercolor-B	WC01	T	7-8:30 pm	4/4-5/2	\$100

*L. Marx - This is a beginner class. This course provides a basic understanding of how to paint successfully with watercolors. Explore how to mix watercolors and apply pigment to paper. Learn the effects that can be achieved using fun easy techniques to create your own individual watercolor painting. ***Evening class at FHS, Morning class at Fisd Annex. Supplies included****

Yoga	YO01	T	6:30-7:30 pm	3/7-4/18	\$65
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*A. Bendixen - A six-week course for beginners and anybody interested in brushing up on fundamentals based on the ancient practice of Hatha Yoga, with attention to proper alignment of the body and the deeper layers of yoga. The intention is to bring balance, strength, improved flexibility and calmness to the practitioner. This class includes instruction in pranayama (breathing practices), basic asana (yoga postures), vinyasa (flow yoga), restorative yoga and basic meditation. ***Please bring a yoga mat and water to class.****

Yoga/Morning-A	YO02	M	10-11 am	2/6-3/6	\$65
Yoga/Morning-B	YO03	M	10-11 am	4/3-5/1	\$65

*A. Bendixen - A five-week course for beginners and anybody interested in brushing up on fundamentals based on the ancient practice of Hatha Yoga, with attention to proper alignment of the body and the deeper layers of yoga. The intention is to bring balance, strength, improved flexibility and calmness to the practitioner. This class includes instruction in pranayama (breathing practices), basic asana (yoga postures), vinyasa (flow yoga), restorative yoga and basic meditation. ***Please bring a yoga mat and water to class. Class held in Fisd Annex Training Room, 402 Laurel Drive.****

Tennis for All

Tennis A (6-13)	T01	M	3:40-4:40 pm	1/25-2/22	\$100
Tennis B (6-13)	T02	M	3:40-4:40 pm	2/29-4/11	\$100
Tennis C (6-13)	T03	M	3:40-4:40 pm	4/18-5/23	\$100

S. Bouis - Developmental tennis from a top professional. Develop tennis strokes and promote match play with strategic purpose. Racquets discussed at first class; bring yours if you already have one. These camps located at the old junior high tennis courts on Woodlawn. In case of rain, report to the next scheduled class. No restrooms available. Contact instructor for additional information, 281-250-9448.

Online Courses – www.ed2go.com/fisdcomed

FISD Community Education offers over three hundred online classes via ed2go to meet the needs of self-starters who are motivated to learn when and where the time is right! For complete information including course descriptions, fees, prerequisites, registration information, supplies, software and hardware requirements, go to: www.ed2go.com/fisdcomed. New sessions start monthly and specific starting dates vary, so check to see exactly when your course begins. **Be sure to register online or you will not be enrolled in the class.**

Here is a sampling of just a few classes offered through ed2go:

Intro to Microsoft Word **Sessions: Online** **6 wks** **\$95**
Master the basic features of this powerful word-processing program to professionally type, edit, and format text, and spell check and print documents.

Discover Sign Language **Sessions: Online** **6 wks** **\$95**
J. Carmean - Starting with an introduction to the language itself, you will learn the signs for numbers and the sign alphabet so you will be able to fingerspell proper names. Then you will learn to sign phrases and expand to complete sentences, and see how to put it all together so you can introduce yourself and carry on a conversation! You will learn by watching videos that demonstrate how to make the signs and how to incorporate facial expressions to communicate in this beautiful language.

Discover Digital Photography **Sessions: Online** **6 wks** **\$95**
B. Schulz – This course introduces the technology that has catapulted the photographic world in the 21st century. You will explore a broad overview of the basics of digital photography, including equipment, software and practical uses. We will discuss different types of digital cameras, from phones and tablets to digital SLRs, all of which offer a wide array of photographic options.

SAT/ACT Prep Series (Bundle) **Sessions: Online** **\$174**
See ed2go for details and full description

Accounting Fundamentals **Sessions: Online** **6 wks** **\$95**
C. Messier – Learn the basics of double-entry bookkeeping, as well as how to analyze and record financial transactions.

Marriage and Relationships **Sessions: Online** **6 wks** **\$95**
B. Eaker Wiel, Ph.D. - Keys to Success – Review the basic stages every relationship goes through, and you will learn the importance of balancing your needs as an individual with your needs as a couple. You will gain key strategies for maintaining your relationship and great tips for “tune ups” that help keep love alive!

FISD provides equal educational opportunities and does not discriminate against any person on the basis of race, color, religion, national origin, sex or handicap.

Office Hours are T/W/Th, 8 am-12 pm

*Register Online at <https://fisd.revtrak.net/tek9.asp>

*Register in person at the Community Ed Office, T/W/Th - 8am-12 pm, 402 Laurel Dr.

*Register in person at the Admin Bldg. M-F - 8am-4:30pm, 302 Laurel Dr.

*Mail registrations to: Friendswood ISD Community Education, 302 Laurel Dr.

Community Ed is looking for new instructors. Are *You* Interested? Do you have a talent or skill you'd like to share? We're always interested in new ideas. Call the Community Education Office at 281-482-6000 for information, applications and recommendations. Our goal is to bring people together who want to share learning experiences with one another. Residence in Friendswood is *not* required to take or teach our classes.

ADULT REGISTRATION FORM

Please make checks payable to:
Friendswood Community Education
302 Laurel Drive, Friendswood, TX 77546

Office Use Only:
Check _____
Cash _____

Name _____ Phone _____ Alt Phone _____

Address _____ City _____ Zip _____

Course Code: _____ Course Name: _____ Fee \$ _____

Course Code: _____ Course Name: _____ Fee \$ _____

Course Code: _____ Course Name: _____ Fee \$ _____

Age (Circle Group): 13-17 18-21 22-35 36-64 65+

LIABILITY RELEASE: I hereby release Friendswood ISD, its agents, employees, independent contractors and volunteers from all responsibility in case of illness, injury, accident, or other loss.

I understand I will be notified only if a class is full or canceled.

*Signature _____ Date _____ *E-mail _____