

# FISD Community Education

## *Bales After School Classes*

### Fall 2017

ONLINE REGISTRATION AND PAYMENT AVAILABLE

August 21 at 9 am

<https://fisd.revtrak.net/tek9.asp>



**Students should report to the location indicated in the class described at the specified time.** Parents must pick up students promptly at the front entrance of the school where the class is held when their child's activities finish each day. Supervision is not provided afterward. Students who misbehave or who are not promptly picked up will not be allowed to continue in their activities. For additional information call **Community Ed, 281.482.6000**, or check our **Link** to the **FISD website: [www.fisd12.net](http://www.fisd12.net)**. *No classes when FISD schools are closed, except Tennis.*

***Parents – Please use Alpha Code when registering – ex: BA01 Art Explorers***

**Art Explorers (3-5)      BA01      TH      3:05-4:05 pm      9/21-10/19      \$90**

*L. Marx* – This class offers **NEW** and different projects from previous Art Explorers classes. Students will work with a former FISD Art teacher to create new projects in a different medium each day using oil pastels, watercolors, clay and more! Supplies are included and students are encouraged to take the class as many times as they like, since projects are not repeated. *Art Room*

**Camp Einstein – I (K-5)      BA02      TH      3:05-4:05 pm      9/21-10/26      \$110**

*C. Bielamowicz* – **Engineering & Science- Session I** - Transform into an engineer with hands-on projects like designing roller coasters and propeller cars. Get to know your world on an elemental level by becoming a budding scientist who explores chemical reactions by building volcanoes and creating a rocket to launch into the sky! This S.T.E.M. (Science, Technology, Engineering, Mathematics) class is perfect for the curious minded student who loves to build, create and see how things work! Our curriculum is on a rotating schedule and will be completely different from the past 2 semesters. *This class is in conjunction with Westwood Camp Einstein I. Room 17 at Westwood*

**Camp Einstein – II (K-5)      BA03      TH      3:05-4:05 pm      11/2-12/14      \$110**

*C. Bielamowicz* – **Engineering & Science II** - In this Session II class, we will be doing projects in both engineering and science. Design motorized cars and foam rockets! Learn about blood typing and pH testing! This Session 2 after-class will offer different engineering and science lessons from Session I. Students from Session 1 are encouraged to sign up, but new students are also welcome! Our curriculum is on a rotating schedule and will be completely different from the past 2 semesters. (No class on 11/23) *This class is in conjunction with Westwood Camp Einstein II. Room 17 at Westwood*

<b>Dancing Stars (1-5)</b>	<b>BA04</b>	<b>M</b>	<b>3:05-4:05 pm</b>	<b>9/25-11/13</b>	<b>\$55</b>
<i>Dance Expressions, J. Smith – Have fun dancing several styles of dance including Jazz, Hip Hop and Lyrical. Fun music and props make this class a hit for all students. (No class on 9/18, 10/30) This class is in conjunction with Westwood. Westwood Cafeteria</i>					
<b>EPIC Performance (3-5)</b>	<b>BA05</b>	<b>M</b>	<b>3:05-4:05 pm</b>	<b>9/25-11/13</b>	<b>\$60</b>
<i>T. DiFruscio, A. DiFruscio, Oxygen &amp; Iron – Endurance, Power, Interval, Coordination. Designed to create a lifelong love of fitness for both athletes and non-athletes alike, this sports conditioning class combines age-appropriate training to deliver optimal fitness and performance. Participants will work hard, have fun, and experience measureable improvements in strength, speed, power, agility, endurance, coordination and flexibility! Classes will be held indoors and outdoors, weather permitting. (No class on 10/9, 10/30) Bales Gym</i>					
<b>Fit Club (1-5)</b>	<b>BA06</b>	<b>TH</b>	<b>3:05-4:05 pm</b>	<b>9/7-10/26</b>	<b>\$60</b>
<i>C. Slaton, C. Romell, – Come join the fun as we find fun ways to make fitness contagious. We will start off working on pacing the track for about 10 min., and then we will head back to the gym and play games favorites. This class is in conjunction with Westwood. Westwood Gym. Pick up at Westwood.</i>					
<b>Intro to Lacrosse (3-5)</b>	<b>BA07</b>	<b>T</b>	<b>5:30-6:30 pm</b>	<b>9/19-10/17</b>	<b>\$50</b>
<i>T. Benson – Are you ready to learn the basics of the fastest growing sport in the nation? Join our lacrosse experts to learn the fundamentals through fun drills and games. This is a <i>coed</i> class. Lacrosse equipment provided – wear tennis shoes. Old Jr. High Lacrosse Field.</i>					
<b>Kid's Yoga - A (K-5)</b>	<b>BA08</b>	<b>T</b>	<b>3:05-4:05 pm</b>	<b>9/19-10/24</b>	<b>\$60</b>
<b>Kid's Yoga - B (K-5)</b>	<b>BA09</b>	<b>T</b>	<b>3:05-4:05 pm</b>	<b>10/31-12/12</b>	<b>\$60</b>
<i>A. Bendixen –Through music and movement the students will be introduced to the Science of Yoga and learn yoga poses that will stretch and strengthen them. Mindfulness, relaxation, and breathing techniques will be taught in a playful way and we will have fun in a non-competitive environment. To learn more about the program, go to <a href="http://kiddingaroundyoga.com/Anne">kiddingaroundyoga.com/Anne</a>. Please bring a yoga mat to class. (Yoga B - no class on 11/21) This class is in conjunction with Westwood. Bales Gym</i>					
<b>Little Medical School (3-5)</b>	<b>BA10</b>	<b>T</b>	<b>3:05-4:05 pm</b>	<b>9/19-12/12</b>	<b>\$150</b>
<i>K. &amp; C. Arnold - Come and explore the world of medicine in a fun and unique way. Through interactive learning, kids will discover how the body and organs work, how to use medical instruments, tie knots like a real surgeon, and receive a working stethoscope to take home and much more! (No class on 11/ 21) Room E3</i>					
<b>Little Veterinarian School (3-5)</b>	<b>BA11</b>	<b>W</b>	<b>3:05-4:05 pm</b>	<b>9/20-12/13</b>	<b>\$150</b>
<i>K. &amp; C. Arnold – Explore the exciting world of veterinarians. Using interactive demonstrations, crafts and games. Kids learn how to take care of a pet and use instruments that real veterinarians use. Each child will also get their own stuffed animal puppy to take home and much more! (No class on 11/22) Room E3</i>					
<b>Soccer Fun For Kids (K-5)</b>	<b>S 01</b>	<b>TH</b>	<b>6:00-7:30 pm</b>	<b>9/21-11/9</b>	<b>\$120</b>
<i>L. Alba - Soccer instruction and scrimmage teams; using different activities promoting agility, endurance and technique. We instill team playing values while having fun playing the game. Awards will be given at the end of the session and professional team pictures will be available. Have fun watching and making memorable times while enjoying your child running, playing and scoring a goal. We instill positive coaching. This class is held at the Cline Elementary Fields.</i>					
<b>Tennis A (5-13)</b>	<b>T 01</b>	<b>M</b>	<b>3:40-4:40 pm</b>	<b>9/11-10/9</b>	<b>\$100</b>
<b>Tennis B (5-13)</b>	<b>T 02</b>	<b>M</b>	<b>3:40-4:40 pm</b>	<b>10/16-11/13</b>	<b>\$100</b>
<b>Tennis C (5-13)</b>	<b>T 03</b>	<b>M/W</b>	<b>3:40-4:40 pm</b>	<b>11/27-12/11</b>	<b>\$100</b>
<i>S. Bouis - Great instruction in tennis from a top professional. Develop tennis strokes and promote match play with strategic purpose. Racquets discussed at first class; bring yours if you already have one. Classes with less than 10 students will be combined with other classes on same dates. <u>These camps located at the old junior high tennis courts on Woodlawn</u>. In case of rain, report to the next scheduled class. No restrooms available. Contact instructor for additional information, 281-250-9448. All classes meet 5 times. Tennis <b>WILL</b> be taught on Professional Development Days.</i>					

**Babysitting (11-15)                      BS01                      Saturday                      9-4 pm                      11/4                      \$90**  
*T. DiFruscio, A. DiFruscio, Oxygen & Iron - American Red Cross Certification.* Jump into a one-day course to learn the “ins and outs” of babysitting! This course prepares youths ages 11 through 15 with the training every parent wants in a babysitter: safety, basic child care, safe play, first aid/critical emergency skills and leadership! Students should wear comfortable clothing and bring a sack lunch with drink. Classes held in the FISD Annex Training Room, 402 Laurel Drive.

**Karate (5-12)                      KA01                      TH                      6:30-7:30 pm                      9/14-12/7                      \$50**  
*B. Gray - 12 weeks.* Learn techniques in art, sport, self-defense and self-confidence in American Karate. Includes kidnap prevention and awareness. UNIFORMS are REQUIRED and may be purchased for \$30 (cash only, please) at the class. Registrations accepted the first three weeks of class. KA02 for Teens/Adults from 7:30-8:30 pm. Student may try the first class for FREE before they sign up. (No class on 11/23) *These classes meet in the Bales Cafeteria.*

**PARENTS:** Office hours are T/W/TH, 8 am-12 pm, August 22-December 21. **Register early** to assure space in your selected activities. Notifications made if classes not available. If you do not hear otherwise, consider your child enrolled.

- \*Register Online at <https://fisd.revtrak.net/tek9.asp>
- \*Register in person at the Community Ed Office, T/W/TH - 8 am - 12 pm, 402 Laurel Dr.
- \*Register in person at the Admin Bldg. M-F - 8 am - 4:30 pm, 302 Laurel Dr.
- \*Mail registrations to: Friendswood ISD Community Education, 302 Laurel Dr.

*FISD provides equal educational opportunities and does not discriminate against any person on the basis of race, color, religion, national origin, sex or handicap.*

**Absolutely NO schedule changes or camp substitutions unless Comm Ed cancels a class!**

**FISD Community Education/Youth Registration**                      Check \_\_\_\_\_  
 Make Checks Payable to:                      Cash \_\_\_\_\_  
 Friendswood Community Education  
 302 Laurel Drive, Friendswood, TX 77546

Name \_\_\_\_\_  
 School \_\_\_\_\_ Grade \_\_\_\_\_ Age \_\_\_\_\_ HR Teacher \_\_\_\_\_  
 Address \_\_\_\_\_ Telephone \_\_\_\_\_  
 Parent/Guardian \_\_\_\_\_ Alternate Telephone \_\_\_\_\_  
 Emergency Contact (other than parent) \_\_\_\_\_ Telephone \_\_\_\_\_

Course Code: \_\_\_\_\_ Course Name \_\_\_\_\_ Fee \_\_\_\_\_  
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**Liability Release:** I hereby release Friendswood Independent School District, its agents, employees, independent contractors and volunteers from all responsibility in case of illness, injury, accident, or other loss. I authorize medical treatment for my child in the event it is deemed necessary. **I understand I will be notified only if a class is full or canceled.** *Signature of parent or legal guardian required.*

Signature \_\_\_\_\_ Date \_\_\_\_\_ Email \_\_\_\_\_