

FISD Community Education

Windsong After School Classes

Fall 2017

ONLINE REGISTRATION AND PAYMENT AVAILABLE

August 21 at 9 am

<https://fisd.revtrak.net/tek9.asp>



Students should report to the location indicated in the class described at the specified time. Parents must pick up students promptly at the front entrance of the school where the class is held when their child's activities finish each day. Supervision is not provided afterward. Students who misbehave or who are not promptly picked up will not be allowed to continue in their activities. For additional information call **Community Ed, 281.482.6000**, or check our **Link** to the **FISD website: www.fisd12.net**. *No classes when FISD schools are closed, except Tennis.*

Parents – Please use Alpha Code when registering – ex WS01 Art Explorers

Art Explorers (3-5) WS01 T 3:20-4:20 pm 9/19-10/17 \$90

L. Marx – This class offers **NEW** and different projects from previous Art Explorers classes. Students will work with a former FISD Art teacher to create new projects in a different medium each day using oil pastels, watercolors, clay and more! Supplies are included and students are encouraged to take the class as many times as they like, since projects are not repeated. *Art Room*

Blank Canvas (3-5) WS02 W 3:20-4:20 pm 9/13-10/4 \$50

N. Burke – Create fun and fantastic art on canvas boards including splatter paint. *Art Room*

Camp Einstein – I (3-5) WS03 W 3:20-4:20 pm 9/20-10/25 \$110

C. Bielamowicz – **Engineering & Science- Session I** - Transform into an engineer with hands-on projects like designing roller coasters and propeller cars. Get to know your world on an elemental level by becoming a budding scientist who explores chemical reactions by building volcanoes and creating a rocket to launch into the sky! This S.T.E.M. (Science, Technology, Engineering, Mathematics) class is perfect for the curious minded student who loves to build, create and see how things work! Our curriculum is on a rotating schedule and will be completely different from the past 2 semesters. *Pod A Science Lab*

Camp Einstein – II (3-5) WS04 W 3:20-4:20 pm 11/1-12/13 \$110

C. Bielamowicz – Engineering & Science II - In this Session 2 class, we will be doing projects in both engineering and science. Design motorized cars and foam rockets! Learn about blood typing and pH testing! This Session 2 after-class will offer different engineering and science lessons from Session 1. Students from Session 1 are encouraged to sign up, but new students are also welcome! Our curriculum is on a rotating schedule and will be completely different from the past 2 semesters. (No class on 12/22) *Pod A Science Lab*

Dancing Stars (3-5) WS05 TH 3:20-4:20 pm 9/28-11/2 \$55

Dance Expressions, J. Smith – Have fun dancing several styles of dance including Jazz, Hip Hop and Lyrical. Fun music and props make this class a hit for all students. *Cafeteria*

Edible Art - A (3-5) WS06 W 3:20-4:20 pm 10/11-10/25 \$50

Edible Art - B (3-5) WS07 W 3:20-4:20 pm 11/1-11/15 \$50

N. Burke – Create tasty art that is devoured when finished. Projects may include garden cakes, dirt, and 3D chocolate.

Edible Art B will have a Fall theme. *Teachers Lounge*

EPIC Performance (3-5) WS08 T 3:20-4:20 pm 10/3-11/7 \$60

T. DiFruscio, A. DiFruscio, Oxygen & Iron – Endurance, Power, Interval, Coordination. Designed to create a lifelong love of fitness for both athletes and non-athletes alike, this sports conditioning class combines age-appropriate training to deliver optimal fitness and performance. Participants will work hard, have fun, and experience measureable improvements in strength, speed, power, agility, endurance, coordination and flexibility! Classes will be held indoors and outdoors, weather permitting. *Windsong Gym*

Fit Club (3-5) WS09 TH 3:20-4:20 pm 10/5-11/16 \$60

K. Westhoff – Take fitness to the next level! WS fit club is a fun and exciting way to start a healthy lifestyle. See how many laps or miles you can walk, jog, or run. Rain or shine be ready for a great time. Miles are the goal but having fun while exercising is the most important objective. *Windsong Gym*

Flag Football (3-5) WS10 W 3:20-4:20 pm 10/4-11/1 \$40

K. Westhoff – Boys and Girls will learn to play flag football and related lead up games. Students will learn football skills while enjoying a fast paced game. *Windsong Gym*

Floor Hockey (3-5) WS11 TH 3:20-4:20 pm 11/30-12/14 \$25

K. Westhoff – Come play a fast pace game of Floor Hockey with your friends. Learn basic rules and strategies to create a fun filled activity after school. *Windsong Gym*

Intro to Lacrosse (3-5) WS12 T 5:30-6:30 pm 9/19-10/17 \$50

T. Benson – Are you ready to learn the basics of the fastest growing sport in the nation? Join our lacrosse experts to learn the fundamentals through fun drills and games. This is a *coed* class. Lacrosse equipment provided – wear tennis shoes. *Old Jr. High Lacrosse Field.*

Kickball/Mat Ball (3-5) WS13 W 3:20-4:20 pm 11/8-12/13 \$40

K. Westhoff – Have fun with your friends after school playing “old school” kickball and the exciting variation “Mat Ball”. We will emphasize “Fun”, sportsmanship and fair play. *Please wear tennis shoes to class.* (No class on 11/22) *Windsong Gym*

Kid’s Yoga - A (3-5) WS14 TH 3:20-4:20 pm 9/21-10/26 \$60

Kid’s Yoga - B (3-5) WS15 TH 3:20-4:20 pm 11/2-12/14 \$60

A. Bendixen –Through music and movement the students will be introduced to the Science of Yoga and learn yoga poses that will stretch and strengthen them. Mindfulness, relaxation, and breathing techniques will be taught in a playful way and we will have fun in a non-competitive environment. To learn more about the program, go to kiddingaroundyoga.com/Anne. *Please bring a yoga mat to class.* (Yoga B - no class on 11/22) *Library*

Little Medical School (3-5) WS16 TH 3:20-4:20 pm 9/21-12/14 \$150

K. & C. Arnold - Come and explore the world of medicine in a fun and unique way. Through interactive learning, kids will discover how the body and organs work, how to use medical instruments, tie knots like a real surgeon, and receive a working stethoscope to take home and much more! (No class on 11/23) *Literacy Library*

Little Veterinarian School (3-5) WS17 T 3:20-4:20 pm 9/19-12/12 \$150

K. & C. Arnold – Explore the exciting world of veterinarians. Using interactive demonstrations, crafts and games. Kids learn how to take care of a pet and use instruments that real veterinarians use. Each child will also get their own stuffed animal puppy to take home and much more! (No class on 11/21) *Literacy Library*

Rainstick Fun (3-5) WS18 TH 3:20-4:20 pm 9/21-10/5 \$45

N. Burke – Learn to make a rainstick from household items. Students choose the size of tube and learn how to create a musical rainstick. Once it is made, they will decorate the rainstick for a musical experience that will last a lifetime.
Music Room

Special Effects Makeup (3-5) WS19 M 3:20-4:20 pm 10/2-10/23 \$50

N. Burke – Design and create special effects makeup. This will include cuts, bruises, old age, sci-fi, fairies, super heroes and zombies. (No class on 10/9) *Music Room*

Soccer Fun For Kids (K-5) S 01 TH 6:00-7:30 pm 9/21-11/9 \$120

L. Alba - Soccer instruction and scrimmage teams; using different activities promoting agility, endurance and technique. We instill team playing values while having fun playing the game. Awards will be given at the end of the session and professional team pictures will be available. Have fun watching and making memorable times while enjoying your child running, playing and scoring a goal. We instill positive coaching. *This class is held at the Cline Elementary Fields.*

Volleyball (3-5) WS20 M 3:20-4:20 pm 10/16-11/27 \$45

K. Westhoff – Have fun with your friends after school learning and playing volleyball in a non-competitive environment. Emphasis will be on “Fun” along with developing basic skills and knowledge of the game. (No class on 10/30, 11/20)
Windsong Gym

Xmas Games (3-5) WS21 M-TH 3:20-4:20 pm 12/18-12/21 \$30

K. Westhoff – Come join the fun before the holidays. Play some holiday themed games after school in the gym. Listen to Christmas music as you play and have fun! *Windsong Gym*

Tennis A (5-13) T 01 M 3:40-4:40 pm 9/11-10/9 \$100

Tennis B (5-13) T 02 M 3:40-4:40 pm 10/16-11/13 \$100

Tennis C (5-13) T 03 M/W 3:40-4:40 pm 11/27-12/11 \$100

S. Bouis - Great instruction in tennis from a top professional. Develop tennis strokes and promote match play with strategic purpose. Racquets discussed at first class; bring yours if you already have one. Classes with less than 10 students will be combined with other classes on same dates. These camps located at the old junior high tennis courts on Woodlawn. In case of rain, report to the next scheduled class. No restrooms available. Contact instructor for additional information, 281-250-9448. *All classes meet 5 times. Tennis WILL be taught on Professional Development Days.*

Babysitting (11-15) BS01 Saturday 9-4 pm 11/4 \$90

T. DiFruscio, A. DiFruscio, Oxygen & Iron - American Red Cross Certification. Jump into a one-day course to learn the “ins and outs” of babysitting! This course prepares youths ages 11 through 15 with the training every parent wants in a babysitter: safety, basic child care, safe play, first aid/critical emergency skills and leadership! *Students should wear comfortable clothing and bring a sack lunch with drink.* *Classes held in the FISD Annex Training Room, 402 Laurel Drive*

Karate (5-12) KA01 TH 6:30-7:30 pm 9/14-12/7 \$50

B. Gray - 12 weeks. Learn techniques in art, sport, self-defense and self-confidence in American Karate. Includes kidnap prevention and awareness. UNIFORMS are REQUIRED and may be purchased for \$30 (cash only, please) at the class. Registrations accepted the first three weeks of class. KA02 for Teens/Adults from 7:30-8:30 pm. Student may try the first class for FREE before they sign up. (No class on 11/23) *These classes meet in the Bales Cafeteria.*

PARENTS: Office hours are T/W/TH 8 am-12 pm, August 22-December 21. **Register early** to assure space in your selected activities. Notifications made if classes not available. If you do not hear otherwise, consider your child enrolled.

***Register Online at <https://fisd.revtrak.net/tek9.asp>**

***Register in person at the Community Ed Office, T/W/TH - 8 am - 12 pm, 402 Laurel Dr.**

***Register in person at the Admin Bldg. M-F - 8 am - 4:30 pm, 302 Laurel Dr.**

***Mail registrations to: Friendswood ISD Community Education, 302 Laurel Dr.**

FISD provides equal educational opportunities and does not discriminate against any person on the basis of race, color, religion, national origin, sex or handicap.

Absolutely NO schedule changes or camp substitutions unless Comm Ed cancels a class!

FISD Community Education/Youth Registration

Make Checks Payable to:

Friendswood Community Education

302 Laurel Drive, Friendswood, TX 77546

Check _____

Cash _____

Name _____

School _____ **Grade** _____ **Age** _____ **HR Teacher** _____

Address _____ **Telephone** _____

Parent/Guardian _____ **Alternate Telephone** _____

Emergency Contact (other than parent) _____ **Telephone** _____

Course Code: _____ Course Name _____ Fee _____

Course Code: _____ Course Name _____ Fee _____

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Liability Release: I hereby release Friendswood Independent School District, its agents, employees, independent contractors and volunteers from all responsibility in case of illness, injury, accident, or other loss. I authorize medical treatment for my child in the event it is deemed necessary. **I understand I will be notified only if a class is full or canceled.** *Signature of parent or legal guardian required.*

Signature _____ Date _____ Email _____