

Community Education Karate Classes

FALL 2017

Full SESSION: 12 weeks

KA 01 (Ages 5-12) TH 6:30-7:30 PM 9/14-12/7 \$50

KA 02 (Ages 13-70) TH 7:30-8:30 PM 9/14-12/7 \$50

Karate is taught by Bill Gray, Melissa Alonzo, and Michael Vallatini.

Learn techniques in art, sport, self-defense and self-confidence in American Karate. Includes kidnap prevention and awareness. UNIFORMS ARE REQUIRED and may be purchased for \$30 (cash only, please) at the class.

Registrations accepted the first three weeks of class.

You may attend the first class free!!

These classes meet in the Bales Cafeteria.