

# FOOD friends FUN

# October 2017

## Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>2</b> Pancakes Cocoa Puffs Pears Apple juice 1% milk Chocolate skim milk	<b>3</b> Pancake on a stick Cinn Toast Crunch Mixed fruit Fruit juice 1% milk Chocolate skim milk	<b>4</b> Kolaches Fruit Loops Applesauce Orange juice 1% milk Chocolate skim milk	<b>5</b> Glaze Donut Cocoa Puffs Raisins Fruit juice 1% milk Chocolate skim milk	<b>6</b> Breakfast pizza Cinn Toast Crunch Peaches Apple juice 1% milk	<b>More Info...</b>  <b>Unplug &amp; Recharge!</b>  Recharge your body and your mind by taking a long walk or practicing yoga
<b>9</b> Student Holiday	<b>10</b> Kolaches Cinn Toast Crunch Mixed fruit Fruit juice 1% milk Chocolate skim milk	<b>11</b> Pancake on a stick Fruit Loops Applesauce Orange juice 1% milk Chocolate skim milk	<b>12</b> Waffle Cocoa Puffs Raisins Fruit juice 1% milk Chocolate skim milk	<b>13</b> Breakfast pizza Cinn Toast Crunch Peaches Apple juice 1% milk Chocolate skim milk	
<b>16</b> Pancake on a stick Cocoa Puffs Pears Apple juice 1% milk Chocolate skim milk	<b>17</b> Glaze donut Cinn Toast Crunch Mixed fruit Fruit juice 1% milk Chocolate skim milk	<b>18</b> Kolaches Fruit Loops Applesauce Orange juice 1% milk Chocolate skim milk	<b>19</b> French toast sticks Cocoa Puffs Raisins Fruit juice 1% milk Chocolate skim milk	<b>20</b> Breakfast pizza Cinn Toast Crunch Peaches Apple juice 1% milk Chocolate skim milk	
<b>23</b> French toast sticks Cocoa Puffs Pears Apple juice 1% milk Chocolate skim milk	<b>24</b> Pancake on a stick Cinn toast crunch Mixed fruit Fruit juice 1% milk Chocolate skim milk	<b>25</b> Kolaches Fruit Loops Applesauce Orange juice 1% milk Chocolate skim milk	<b>26</b> Glaze donut Cocoa Puffs Raisins Fruit juice 1% milk Chocolate skim milk	<b>27</b> Breakfast pizza Cinn Toast Crunch Peaches Apple juice 1% milk Chocolate skim milk	
<b>30</b> Waffle Cocoa Puffs Pears Apple juice 1% milk Chocolate skim milk	<b>31</b> Orange glazed cinnamon roll Cinn Toast Crunch Mixed fruit Fruit juice 1% milk				

### Bales

### Special News...

Oct 19- Homecoming Parade 6:30pm



Menus are subject to change without notice.

