


FOOD friends FUN

October 2017

Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	More Info... Unplug & Recharge! <i>Recharge your body and your mind by taking a long walk or practicing yoga</i> 
2 Pizza sticks Chicken sandwich Popcorn chic salad Corn Broccoli Apple slices	3 Cheese burger Grilled cheese Chic nacho salad Green beans Garden salad Peaches	4 Hot dog Chicken nuggets Garden salad w/cheese Sweet potato tots Pears	5 Chicken spaghetti Popcorn chicken All-American salad Charro beans Celery sticks Apple slices	6 Cheese Pizza Rib sandwich Apple & cheese plate Cucumber Garden salad Mixed fruit	
9 Student Holiday	10 Popcorn chic bowl Ham and cheese melt Garden salad w/cheese Fresh carrots Peaches	11 Chili Mac Popcorn chicken Apple & cheese plate Celery sticks Garden salad Pears	12 Chicken nuggets Grilled cheese Popcorn chic salad Kickin pintos Carrots Applesauce	13 Cheese pizza Cheese burger Chic nacho salad Steamed broccoli Fresh cucumber Mixed fruit	
16 Pancakes Hot dog Garden salad w/cheese Tater tots Fresh broccoli	17 Fish sticks Chicken nuggets All-American salad Green beans Fresh red peppers Apple slices	18 Popcorn chicken Grilled cheese Beef nacho salad Sweet potato fries Fresh zucchini Pears	19 Corn dog Cheese burger Popcorn chic salad Baked beans Celery sticks Apple sauce	20 Pepperoni pizza Chicken sandwich Apple & cheese plate Cucumber tomato salad Mixed fruit	
23 Popcorn chicken Turkey & cheese melt All- American salad Mashed potatoes Fresh broccoli Mixed fruit	24 Rotini Corndog Popcorn chic salad Green beans Fresh red peppers Apple slices	25 Bakes potato Chic nuggets Garden salad w/cheese Orange glazed carrots	26 Pizza sticks Cheese burger Apple & cheese plate Baked beans Celery sticks Applesauce	27 Pepperoni pizza Chicken sandwich Beef nacho salad Steamed spinach Garden salad Mixed fruit	
30 Meatloaf Popcorn Chicken Apple cheese plate French Fries Grape tomatoes Sliced apples	31 Popcorn chic bowl Sloppy Joe Chic nacho salad Green beans Cucumbers Peaches				

Westwood/ Bales/ Windsong/ Cline

Special News...

Oct 14- Cline Fest
 Oct 19- Homecoming Parade 6:30pm



Menus are subject to change without notice.

