


FOOD friends FUN

October 2017

Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p>More Info...</p> <p>Unplug & Recharge!</p> <p>Recharge your body and your mind by taking a long walk or practicing yoga</p> 
<p>2</p> <p>Cocoa Puffs Pears Apple juice 1% milk Chocolate skim milk</p>	<p>3</p> <p>Pancake on a stick Mixed fruit Fruit juice 1% milk Chocolate skim milk</p>	<p>4</p> <p>Kolaches</p> <p>Applesauce Orange juice 1% milk Chocolate skim milk</p>	<p>5</p> <p>Glaze Donut Raisins Fruit juice 1% milk Chocolate skim milk</p>	<p>6</p> <p>Breakfast pizza Peaches Apple juice 1% milk Chocolate skim milk</p>	
<p>9</p> <p>Student Holiday</p>	<p>10</p> <p>Kolaches Mixed fruit Fruit juice 1% milk Chocolate skim milk</p>	<p>11</p> <p>Pancake on a stick Applesauce Orange juice 1% milk Chocolate skim milk</p>	<p>12</p> <p>Waffle Raisins Fruit juice 1% milk Chocolate skim milk</p>	<p>13</p> <p>Breakfast pizza Peaches Apple juice 1% milk Chocolate skim milk</p>	
<p>16</p> <p>Cocoa Puffs Pears Apple juice 1% milk Chocolate skim milk</p>	<p>17</p> <p>Glaze donut Mixed fruit Fruit juice 1% milk Chocolate skim milk</p>	<p>18</p> <p>Kolaches Applesauce Orange juice 1% milk Chocolate skim milk</p>	<p>19</p> <p>French toast sticks Raisins Fruit juice 1% milk Chocolate skim milk</p>	<p>20</p> <p>Breakfast pizza Peaches Apple juice 1% milk Chocolate skim milk</p>	
<p>23</p> <p>Cocoa Puffs Pears Apple juice 1% milk Chocolate skim milk</p>	<p>24</p> <p>Pancake on a stick Mixed fruit Fruit juice 1% milk Chocolate skim milk</p>	<p>25</p> <p>Kolaches Applesauce Orange juice 1% milk Chocolate skim milk</p>	<p>26</p> <p>Glaze donut Raisins Fruit juice 1% milk Chocolate skim milk</p>	<p>27</p> <p>Breakfast pizza Peaches Apple juice 1% milk Chocolate skim milk</p>	
<p>30</p> <p>Cocoa Puffs Pears Apple juice 1% milk Chocolate ski m milk</p>	<p>31</p> <p>Orange glazed cinnamon roll Mixed fruit Fruit juice 1% milk</p>				

Westwood

Special News...

Oct 19- Homecoming Parade 6:30pm

Menus are subject to change without notice.

