

FISD Community Education

Westwood After School Classes Spring 2018

ONLINE REGISTRATION AND PAYMENT AVAILABLE

January 9 at 9 am

<https://fisd.revtrak.net/tek9.asp>



Students should report to the location indicated in the class or club described at the specified time. Parents must pick up students promptly at the front entrance of the school where the class is held when their child's activities finish each day. Supervision is not provided afterward. Students who misbehave or who are not promptly picked up will not be allowed to continue in their activities. For additional information call **Community Ed, 281.482.6000**, or check our **Link** to the FISD website: www.fisd12.net. **No classes when FISD schools are closed, except Tennis.**

Parents – Please use Alpha Code when registering – ex: WW01 Art Explorers

JANUARY

Fit Club (1-5)	WW06	TH	3:05-4:05 pm	1/18-3/8	\$60
<i>C. Slaton, C. Romell – Fit Club – Lets find ways to keep fitness contagiously fun. We will start off on the track working on pacing. Everyone will be on the track for 10 min. Those that will like to compete will do so and those that do not, can enjoy the music and walk with their friends. After, we will head inside and play game favorites. Please Pick up at Westwood Car drop off line @ 4:10. <i>This class is in conjunction with Bales. Westwood Gym.</i></i>					
Karate (5-12)	KA01	TH	6:30-7:30 pm	1/11-3/29	\$50
<i>B. Gray - 11 weeks. Learn techniques in art, sport, self-defense and self-confidence in American Karate. Includes kidnap prevention and awareness. UNIFORMS are REQUIRED and may be purchased for \$30 (cash only, please) at the class. Registrations accepted the first three weeks of class. <u>KA02 for Teens/Adults from 7:30-8:30 pm.</u> Student may try the first class for <u>FREE</u> before they sign up. (No class on 3/15) <i>These classes meet in the Bales Cafeteria.</i></i>					
Tennis A (5-13)	T 01	M	3:40-4:40 pm	1/22-2/19	\$100
<i>S. Bouis - Great instruction in tennis from a top professional. Develop tennis strokes and promote match play with strategic purpose. Racquets discussed at first class; bring yours if you already have one. Classes with less than 10 students will be combined with other classes on same dates. <u>These camps located at the old junior high tennis courts on Woodlawn.</u> In case of rain, report to the next scheduled class. No restrooms available. Contact instructor for additional information, 281-250-9448. <i>All classes meet 5 times. Tennis WILL be taught on Professional Development Days.</i></i>					

FEBRUARY

- Art Explorers (K-5) WW01 TH 3:05-4:05 pm 2/8-3/8 \$90**
L. Marx – This class offers *NEW* and different projects from previous Art Explorers classes. Students will work with a former FISD Art teacher to create new projects in a different medium each day using oil pastels, watercolors, clay and more! Supplies are included and students are encouraged to take the class as many times as they like, since projects are not repeated. *This class is in conjunction with Bales. Room 55*
- The Art of Space (K-3) WW02 M 3:05-4:05 pm 2/5-4/9 \$100**
UHCL Art School for Children & Young Adults – In this session the students discover the art of space and celebrate the achievements of NASA. The students will make a mini solar system bas relief and spaceship of clay. Drawing and painting topics include lunar landings, imagined spacesuits, a Mars landscape and designing a flight patch. 8 week class (No class on 3/12) *Room 55*
- Camp Einstein – I (K-5) WW03 TH 3:05-4:05 pm 2/8-3/22 \$110**
C. Bielamowicz – Engineering & Science- Session I - Transform into an engineer with hands-on projects like designing roller coasters and propeller cars. Get to know your world on an elemental level by becoming a budding scientist who explores chemical reactions by building volcanoes and creating a rocket to launch into the sky! This S.T.E.M. (Science, Technology, Engineering, Mathematics) class is perfect for the curious minded student who loves to build, create, and see how things work! Our curriculum is on a rotating schedule and will be completely different from the past 2 semesters. (No Class on 3/15) *This class is in conjunction with Bales. Room 17 at Westwood*
- Dancing Stars (1-5) WW05 T 3:05-4:05 pm 2/6-3/20 \$55**
Dance Expressions, J. Smith – Have fun dancing several styles of dance including Jazz, Hip Hop and Lyrical. Fun music and props make this class a hit for all students. (No Class on 3/13) *This class is in conjunction with Bales. Westwood Cafeteria*
- Kid's Yoga (K-5) WW07 T 3:05-4:05 pm 2/20-4/24 \$85**
A. Bendixen –Through music and movement the students will be introduced to the Science of Yoga and learn yoga poses that will stretch and strengthen them. Mindfulness, relaxation, and breathing techniques will be taught in a playful way and we will have fun in a non-competitive environment. To learn more about the program, go to kiddingaroundyoga.com/Anne. *Please bring a yoga mat to class.* (No class on 3/13 and 4/10 due to testing) *This class is in conjunction with Bales. Bales Music Room*
- Little Med School Future Pediatrician Class (1-2) WW08 W 3:05-4:05 pm 2/28-4/25 \$120**
K. & C. Arnold – Using our successful role-playing techniques, students will assume the role of a pediatrician and learn how to hold the baby, do an exam just like a real doctor, change a diaper and keep the baby safe. Each future pediatrician will receive a white coat, luxury plush baby and exclusive mini baby box. Great for expecting siblings also! (No class on 3/14) *Room 54*
- Tennis B (5-13) T 02 M 3:40-4:40 pm 2/26-4/2 \$100**
S. Bouis - Great instruction in tennis from a top professional. Develop tennis strokes and promote match play with strategic purpose. Racquets discussed at first class; bring yours if you already have one. Classes with less than 10 students will be combined with other classes on same dates. [These camps located at the old junior high tennis courts on Woodlawn.](#) In case of rain, report to the next scheduled class. No restrooms available. Contact instructor for additional information, 281-250-9448. *All classes meet 5 times. Tennis WILL be taught on Professional Development Days.*

MARCH

Camp Einstein – II (K-5) WW04 TH 3:05-4:05 pm 3/29-5/3 \$110

C. Bielamowicz – Engineering & Science II In this session 2 class, we will be doing projects in both engineering and science. Design motorized cars and foam rockets! Learn about blood typing and pH testing! The session 2 after-school class will offer different engineering and science lessons from session 1. Students from session 1 are encouraged to sign up, but new students are also welcome! Our curriculum is on a rotating schedule and will be completely different from the past 2 semesters. *This class is in conjunction with Bales Camp Einstein II. Room 17 at Westwood*

Little Med School Sports Medicine Class (1-2) WW09 TH 3:05-4:05pm 3/1-4/26 \$120

K. & C. Arnold - Come and explore the world of sports medicine with Little Medical School. With your white coat and reflex hammer, learn how real doctors do an assessment for sports injuries. Learn about sprains, strains and see what it is like to be an orthopedic surgeon. You will get to perform a Tommy John surgery, make a model of the hand, see how the tendons and ligaments work and much more. (No class on 3/15) *Room 54*

Soccer Fun For Kids (K-5) S 01 TH 6:00-7:30 pm 3/22-5/10 \$120

L. Alba - Soccer instruction and scrimmage teams; using different activities promoting agility, endurance and technique. We instill team playing values while having fun playing the game. Awards will be given at the end of the session and professional team pictures will be available. Have fun watching and making memorable times while enjoying your child running, playing and scoring a goal. We instill positive coaching. *This class is held at the Cline Elementary Fields.*

APRIL

Karate Mini-Session (5-12 yrs) KA03 TH 6:30-7:30 pm 4/5-5/24 \$45

B. Gray - 8 weeks. Learn techniques in art, sport, self-defense and self-confidence in American Karate. Includes kidnap prevention and awareness. UNIFORMS are REQUIRED and may be purchased for \$30 (cash only, please) at the class. Registrations accepted the first three weeks of class. KA 04 for ages 13-70 from 7:30-8:30 pm. *These classes meet in the Bales Cafeteria.*

Tennis C (5-13) T 03 M 3:40-4:40 pm 4/16-5/21 \$100

S. Bouis - Great instruction in tennis from a top professional. Develop tennis strokes and promote match play with strategic purpose. Racquets discussed at first class; bring yours if you already have one. Classes with less than 10 students will be combined with other classes on same dates. These camps located at the old junior high tennis courts on Woodlawn. In case of rain, report to the next scheduled class. No restrooms available. Contact instructor for additional information, 281-250-9448. *All classes meet 5 times. Tennis WILL be taught on Professional Development Days. (No Class on 5/14)*

PARENTS: Office hours are T/W/TH 8 am-12 pm, January 9 – May 30. **Register early** to assure space in your selected activities. Notifications made if classes not available. If you do not hear otherwise, consider your child enrolled.

*Register Online at <https://fisd.revtrak.net/tek9.asp>

*Register in person at the Community Ed Office, T/W/TH - 8 am - 12 pm, 402 Laurel Dr.

*Register in person at the Admin Bldg. M-F - 8 am - 4:30 pm, 302 Laurel Dr.

*Mail registrations to: Friendswood ISD Community Education, 302 Laurel Dr.

FISD provides equal educational opportunities and does not discriminate against any person on the basis of race, color, religion, national origin, sex or handicap.

**Absolutely NO schedule changes or camp substitutions
unless Comm Ed cancels a class!**

FISD Community Education/Youth Registration

Make Checks Payable to:

Friendswood Community Education

302 Laurel Drive, Friendswood, TX 77546

Check _____

Cash _____

Name _____

School _____ Grade _____ Age _____ HR Teacher _____

Address _____ Telephone _____

Parent/Guardian _____ Alternate Telephone _____

Emergency Contact (other than parent) _____ Telephone _____

Course Code: _____ Course Name _____ Fee _____

Course Code: _____ Course Name _____ Fee _____

Course Code: _____ Course Name _____ Fee _____

Liability Release: I hereby release Friendswood Independent School District, its agents, employees, independent contractors and volunteers from all responsibility in case of illness, injury, accident, or other loss. I authorize medical treatment for my child in the event it is deemed necessary. **I understand I will be notified only if a class is full or canceled.** *Signature of parent or legal guardian required.*

Signature _____ Date _____ Email _____