

## **Community Education Karate Classes Spring 2018**

### **FULL SESSION:**

**KA 01 (Ages 5-12) TH 6:30-7:30 PM 1/11-3/29 \$50**

**KA 02 (Ages 13-70) TH 7:30-8:30 PM 1/11-3/29 \$50**

### **MINI-SESSION:**

**KA 03 (Ages 5-12) TH 6:30-7:30 PM 4/5-5/25 \$45**

**KA 04 (Ages 13-70) TH 6:30-7:30 PM 4/5-5/25 \$45**

**Karate is taught by Bill Gray, Melissa Alonzo, and Michael Vallatini.**

**Learn techniques in art, sport, self-defense and self-confidence in American Karate. Includes kidnap prevention and awareness. UNIFORMS ARE REQUIRED and may be purchased for \$30 (cash only, please) at the class.**

**Registrations accepted the first three weeks of class.**

**You may attend the first class free!!**

**These classes meet in the Bales Cafeteria.**