

Athletic Dept Presentation

FISD 2018

Total Number of Games

TOTAL ATHLETIC EVENTS - 1172

- Friendswood High School competed in 891 athletic competitions.
- Friendswood Junior High competed in 281 athletic competitions.

*This number does not include tournaments.

FHS Team Sports

FOOTBALL	VOLLEYBALL	TEAM TENNIS	BOYS BASKETBALL	GIRLS BASKETBALL
Springs	Friendswood	Lake	Lake	Springs
Lake	Falls	Creek	Dickinson	Lake
Friendswood	Creek	Friendswood	Creek	Creek
Dickinson	Springs	Falls	Springs	Alvin

BOYS SOCCER	GIRLS SOCCER	BASEBALL	SOFTBALL
Alvin	Springs	Falls	Alvin
Dickinson	Lake	Friendswood	Springs
Friendswood	Friendswood	Springs	Creek
Creek	Falls	Dickinson	Falls

Individual

BOYS TRACK	GIRLS TRACK	BOYS GOLF	GIRLS GOLF
Springs	Falls	Springs	Lake
Falls	Dickinson	Falls	Creek
Dickinson	Lake	Creek	Friendswood
Friendswood	Springs	Springs #2	Springs

BOYS X COUNTRY	GIRLS X COUNTRY	BOYS SWIMMING	GIRLS SWIMMING
Friendswood	Friendswood	Falls	Creek
Falls	Lake	Friendswood	Friendswood
Brook	Falls	Creek	Falls
Lake	Alvin	Lake	Lake

Standings

	TEAM SPORTS
19	SPRINGS
17	LAKE
15	FRIENDSWOOD
12	CREEK
9	ALVIN
9	FALLS
8	DICKINSON
0	BROOK

	INDIVIDUAL
21	FALLS
17	FRIENDSWOOD
12	LAKE
11	CREEK
10	SPRINGS
2	DICKINSON
2	BROOK
1	ALVIN

Over All Results

District	Team	Individual	Overall Total
Friendswood	15	17	32
Falls	9	21	30
Lake	17	12	29
Springs	19	10	29
Creek	12	11	23
Dickinson	8	5	13
Alvin	9	1	10
Brook	0	2	2

Friendswood Junior High

	1 st place	2 nd place	3 rd place
Football	7B	7A,8A,8B	7C,8C
Volleyball	7B		8A
Cross Country	7/8 Girls, 7 Boys	8 Boys	
Girls Basketball	7B		
Boys Basketball		7A, 7B	8A, 8B
Track	7 Boys	8 Girls	
Swim	Girls	Boys	
Tennis (girls)		8	7
Tennis (boys)			

2017-2018 FHS Trainers



FISD Sports Medicine Fun Facts

Total # of
ATHLETES

1527

FJH- 620
FHS- 907

Total # of
GAMES

1172

FJH- 281
FHS- 891

Total # of
TREATMENTS

7242

FJH- 1086
FHS- 6156

Total # of TREATMENTS
PER ATHLETE

3.73

(on average)

FJH- 1.49
FHS- 3.73

National Signing Day



5-9-2018



36 Total Signees

Coach Awards



*Coach Sarah Paulk –
24-6A Volleyball Coach of the Year*



Coach Awards



*Coach Robert Koopmann –
Galveston County Football
Coach of the Year*



Coach Awards



*Coach John Little –
24-6A Girls Swim Coach of the Year
Region Boys Swim Coach of the Year*



Club Sports

- Water Polo- Completed an excellent year that resulted in a 4th place finish in state.
- Football 7 on 7- Qualified for the state tournament for the first time since 2010 and earned a spot in the "Final 8"
- Bass Fishing team- Continued their strong results with a "Top Ten" finish in the State Tournament at Lake Sam Rayburn
- Girls Lacrosse- This program continues to grow in numbers and success.
- Boys Lacrosse- Lost out on a play-off berth the last game of the season. Coach Benson is providing great leadership as this program continues to strive to reach the next level of success.

Positive Trends

- All programs are seeing the benefits of utilizing our strength and conditioning coach. Volleyball and Softball have really changed their off-season and in-season culture. Both soccer teams have begun extensive strength training.
- High school coaches are spending more time at the Jr High working with Jr High athletes.
- Compete, compete, compete. Friendswood athletes continue to compete at a high level regardless the sport.

UIL District Changes

Football

District 10

Alvin Shadow Creek
Angleton
Fort Bend Hightower
Friendswood
Galveston Ball
Richmond Foster
Rosenberg Terry
Texas City

All other Team Sports

District 22

Baytown Goose Crk Mem
Baytown Lee
Crosby
Friendswood
Galena Park
Galveston Ball
Santa Fe
Texas City

Wrestling

District 24

Baytown Goose Crk Mem
Friendswood
H Austin
H Milby
H Northside
Katy Paetow
Mt Belvieu Barbers Hill
Stafford

Swim & Dive

District 12

Baytown Goose Crk Mem
Baytown Lee
Friendswood
H Milby
H Northside
H Wisdom
Santa Fe
H Furr
H Kashmere
H North Forest
Hamshire-Fannett
La Marque
Lumberton

Junior High Conference

East Zone	West Zone
Alvin Junior High	Friendswood Junior High
Blocker (Texas City) Junior High	Manvel (Alvin) Junior High
Fairview (Alvin) Junior High	McNair (Alvin) Junior High
Harby (Alvin) Junior High	Nolan Ryan (Alvin) Junior High
Sante Fe Junior High	Rodeo Palms (Alvin) Junior High

Goals

- Create and promote the first ever “Mustang Athletic Leadership Team”.

Comprised of one athlete from each sport plus Coach Scott, Coach Paulk and myself. Our goal would be to give the student athletes a voice, organize community service projects, create peer support and raise awareness across all of the sports.

Goals

- Provide each head coach and assistant coaches the opportunity to attend sport specific training and clinics to further their growth and knowledge.
- Continue to reach out to the youth sports programs in Friendswood and host coaches clinics to help educate and spread the basics of the “Mustang Way”.

Goals Continued

- Work with Mr. Griffon to use PLC time to periodically meet with Head Coaches to discuss issues and concerns specific to the athletic department.
- Bring the “Lone Star Cup” back to Friendswood
- WIN!