

Friendswood Independent School District  
Health Services

PHYSICIAN REQUEST FOR SELF-ADMINISTRATION  
OF ASTHMA MEDICATION AT SCHOOL

The 77<sup>th</sup> Legislature recently passed House Bill 1688, which was signed into law by the Governor. Under this law, a student may possess and self-administer prescription asthma and/or emergency medication with written authorization from the student's physician and parent. The prescription is to include the following:

- 1) student is capable of self-administering the medication
- 2) name and purpose of the medication
- 3) prescribed dosage for the medication
- 4) time at which or circumstances under which the medicine may be administered (ex. prn; before exercise)
- 5) the period for which the medicine is prescribed

\_\_\_\_\_ is currently under our care for treatment of

Student Name

his/her asthma. The medication listed below has been prescribed as a rescue medication to treat asthma exacerbations. I have instructed the patient and his/her parents in the proper way to use, including indications, for his/her medications. The student has been instructed to notify the school nurse if he/she needs to use this medication. It is my professional opinion that he/she should be allowed to carry and self-administer the following medications while on school property or at school-related events during the 20\_\_ - 20\_\_ school year:

Medication: \_\_\_\_\_ Dose: \_\_\_\_\_

Frequency: \_\_\_\_\_ Reason: \_\_\_\_\_

\_\_\_\_\_  
Physician name (printed)

\_\_\_\_\_  
Signature of physician

\_\_\_\_\_  
Physician phone number

\_\_\_\_\_  
Date

I agree with the recommendations of my child's physician as noted above and have informed my child that he/she may carry his/her asthma medications while on school property or at school-related events.

\_\_\_\_\_  
*Parent/Guardian's Signature*

\_\_\_\_\_  
*Date*