

FISD Community Education

Bales After School Classes

Spring 2019

ONLINE REGISTRATION AND PAYMENT AVAILABLE

January 8th at 9 AM

<https://fisd.revtrak.net/tek9.asp>



Students should report to the location indicated in the class described at the specified time. Parents must pick up students promptly when their child's activities finish each day. Supervision is not provided afterward. Students who misbehave or who are not promptly picked up will not be allowed to continue in their activities. For additional information call **Community Ed, 281.482.6000**, or check our **Link** to the **FISD website: www.fisd12.net**. *No classes when FISD schools are closed, except Tennis.*

Parents – Please use Alpha Code when registering – ex: BA01 Art Explorers

JANUARY

Camp Einstein – I (K-5) BA03 TH 3:10-4:10 pm 1/24-3/7 \$110
C. Bielamowicz – Engineering & Science- Session I - Transform into an engineer with hands-on projects like designing roller coasters and propeller cars. Get to know your world on an elemental level by becoming a budding scientist who explores chemical reactions by building volcanoes and creating a rocket to launch into the sky! This S.T.E.M. (Science, Technology, Engineering, Mathematics) class is perfect for the curious minded student who loves to build, create, and see how things work! Our curriculum is on a rotating schedule and will be completely different from the past 2 semesters. (No class on 2/28) *This class is in conjunction with Westwood. Bales Cafeteria*

Cooking for Kids A (2-4) BA06 T 3:10-4:10 pm 1/22-3/5 \$119
M. Vasquez – Hands on cooking in a fun way! Creating simple recipes, and at the same time learning safety measures in the kitchen. Take home your own creations and recipes. *This class is in conjunction with Westwood. Bales Teachers Lounge*

Karate (5-12 yrs) KA01 TH 6:30-7:30 pm 1/17-3/28 \$50
B. Gray - 10 weeks. Learn techniques in art, sport, self-defense and self-confidence in American Karate. Includes kidnap prevention and awareness. UNIFORMS are REQUIRED and may be purchased for \$30 (cash only, please) at the class. Registrations accepted the first three weeks of class. **KA02** for ages 13-70 from 7:30-8:30 pm. Student may try the first class for FREE before they sign up. (No class on 3/14) *These classes meet in the Westwood Gym.*

Kid's Cardio Kickboxing A (3-5) BA08 M 3:10-4:10 pm 1/28-3/18 \$90
M. Goldman – Kid's Cardio Kickboxing will teach your child self-defense, self-confidence, and discipline in a fun, safe, and inclusive environment. We will learn different punches and kicks, boxing drills, bag work, non-contact sparring and work on core strength. We will end each class with healthy goals and meditation. (No class 2/18, 3/11) *Bales Cafeteria*

PE Palooza! (3-5) BA12 M 3:10-4:10 pm 1/28-3/25 \$65
K. Rannik – Is there a sport that looks interesting, but you've never tried it? If so, come join us for a fun variety of sporting activities. We will learn a different sport each week, then play some exciting PE games and competitions with our newly acquired skills. This is a great opportunity to get out all that after school energy and improve fitness at the same time! (No class on 2/18, 3/11) *Bales Gym*

Tennis A (5-13 yrs) T01 M 3:40-4:40 pm 1/21-2/18 \$100
S. Bouis - Great instruction in tennis from a top professional. Develop tennis strokes and promote match play with strategic purpose. Racquets discussed at first class; bring yours if you already have one. Classes with less than 10 students will be combined with other classes on same dates. These camps located at the old junior high tennis courts on Woodlawn. In case of rain, report to the next scheduled class. No restrooms available. Contact instructor for additional information, 281-250-9448. *All classes meet 5 times. Tennis WILL be taught on Professional Development Days.*

FEBRUARY

Art Explorers (K-5) BA01 TH 3:10-4:10 pm 2/7-3/7 \$90
L. Marx – This class offers *NEW* and different projects from previous Art Explorers classes. Students will work with a former FISD Art teacher to create new projects in a different medium each day using oil pastels, watercolors, clay and more! Supplies are included and students are encouraged to take the class as many times as they like, since projects are not repeated. *This class is in conjunction with Westwood. Bales Art Room*

Babysitting (11-15 yrs) BS01 M 9-4 pm 2/18 \$90
T. DiFruscio, A. DiFruscio, Oxygen & Iron - American Red Cross Training & Certification. Jump into a one-day course to learn the “ins and outs” of babysitting! This course prepares youths ages 11 through 15 with the training every parent wants in a babysitter: safety, basic childcare, safe play, first aid/critical emergency skills and leadership! Students should wear comfortable clothing and bring a sack lunch with drink. *Classes held in the FISD Annex Tr. Room, 402 Laurel Dr.*

Club One (K-5) BA05 M 3:10-4:15 pm 2/4-5/6 Free
M. Drew - Club One takes a whole-child approach to teaching the gospel of Jesus Christ. Our main mission is to introduce children to Christ through the Bible and its teachings, using games, memory verses, and small group time. **In order to keep this after school club FREE we ask that all students register with the Community Ed program AND clubone.org.** Thank you for helping us with this 2-step registration process. *This class is in conjunction with Westwood. Dismissal is at the back of Westwood.* (No class on 2/18, 3/11, 4/8, 4/22) *Bales students meet in the Cafeteria.*
Must be signed up by 2/25 in order to participate this semester.

Kid's Yoga (K-5) BA10 TH 3:10-4:10 pm 2/21-4/18 \$85
A. Bendixen –Through music and movement the students will be introduced to the Science of Yoga and learn yoga poses that will stretch and strengthen them. Mindfulness, relaxation, and breathing techniques will be taught in a playful way and we will have fun in a non-competitive environment. To learn more about the program, go to kiddingaroundyoga.com/Anne. *Please bring a yoga mat to class.* (No class on 3/14) *This class is in conjunction with Westwood. Bales Music Room*

Little Med School: Wilderness Medicine (3-5) BA11 W 3:10-4:10 pm 2/6-5/1 \$150

K. & C. Arnold – Wilderness medicine brings medicine, science and the importance of health to children. Learn about poisonous snakes and types of venom. Know the signs and symptoms of hypothermia. Learn how contaminated water can cause disease and how to filter and make clean water. We use interactive demonstrations, crafts and games so kids learn how to treat and take care of many common injuries that occur in the wild as well as awareness and safety.

(No class on 3/13) *Cafeteria*

Tennis B (5-13 yrs) T02 M 3:40-4:40 pm 2/25-4/1 \$100

S. Bouis - Great instruction in tennis from a top professional. Develop tennis strokes and promote match play with strategic purpose. Racquets discussed at first class; bring yours if you already have one. Classes with less than 10 students will be combined with other classes on same dates. These camps located at the old junior high tennis courts on Woodlawn. In case of rain, report to the next scheduled class. No restrooms available. Contact instructor for additional information, 281-250-9448. *All classes meet 5 times. Tennis WILL be taught on Professional Development Days.*

(No class on 3/11)

MARCH

Art-ventures (K-5) BA02 TH 3:10-4:10 pm 3/21-4/18 \$90

L. Marx – Create various 3D techniques using tools, textures, and materials in clay, paper mache, and more! *This class is in conjunction with Westwood. Bales Art Room*

Camp Einstein – II (K-5) BA04 TH 3:10-4:10 pm 3/21-4/25 \$110

C. Bielamowicz – Engineering & Science II In this session 2 class, we will be doing projects in both engineering and science. Design motorized cars and foam rockets! Learn about blood typing and pH testing! The session 2 after-school class will offer different engineering and science lessons from session 1. Students from session 1 are encouraged to sign up, but new students are also welcome! Our curriculum is on a rotating schedule and will be completely different from the past 2 semesters. *This class is in conjunction with Westwood. Bales Cafeteria*

Cooking for Kids B (2-4) BA07 T 3:10-4:10 pm 3/19-5/7 \$119

M. Vasquez – Hands on cooking in a fun way! Creating simple recipes, and at the same time learning safety measures in the kitchen. Take home your own creations and recipes. *This class is in conjunction with Westwood.*

(No class on 4/9 due to testing) *Bales Teachers Lounge*

Kid's Cardio Kickboxing B (3-5) BA09 M 3:10-4:10 pm 3/25-5/20 \$90

M. Goldman – *H2K Happy Healthy Kids* - Kid's Cardio Kickboxing will teach your child self-defense, self-confidence, and discipline in a fun, safe, and inclusive environment. We will learn different punches and kicks, boxing drills, bag work, non-contact sparring and work on core strength. We will end each class with healthy goals and meditation.

(No class 4/8, 4/22, 5/13) *Bales Cafeteria*

Soccer Training Fun (K-5) S01 TH 6:00-7:30 pm 3/21-5/9 \$120

L. Alba - A soccer program that fits your kid and fits your time. Includes instruction using different activities promoting agility, endurance and technique. We instill team-playing values while having fun playing the game. If your child is 7 or older, you do not have to stay with them for the class. Includes team shirt! Please register your shirt size in advance at friendswoodsoccer.com or 832-481-2288. *This class is held at the Lacrosse Fields, 402 Laurel Dr.*

APRIL

Karate Mini-Session (5-12 yrs) KA03 TH 6:30-7:30 pm 4/4-5/23 \$45

B. Gray - 8 weeks. Learn techniques in art, sport, self-defense and self-confidence in American Karate. Includes kidnap prevention and awareness. UNIFORMS are REQUIRED and may be purchased for \$30 (cash only, please) at the class. Registrations accepted the first three weeks of class. KA04 for ages 13-70 from 7:30-8:30 pm. Student may try the first class for FREE before they sign up. *These classes meet in the Westwood Gym.*

Tennis C (5-13 yrs) T03 M 3:40-4:40 pm 4/8-5/6 \$100

S. Bouis - Great instruction in tennis from a top professional. Develop tennis strokes and promote match play with strategic purpose. Racquets discussed at first class; bring yours if you already have one. Classes with less than 10 students will be combined with other classes on same dates. These camps located at the old junior high tennis courts on Woodlawn. In case of rain, report to the next scheduled class. No restrooms available. Contact instructor for additional information, 281-250-9448. *All classes meet 5 times. Tennis **WILL** be taught on Professional Development Days.*

PARENTS: Office hours are T/W/TH 8 am-12 pm, January 9th – May 23rd. **Register early** to assure space in your selected activities. Notifications made if classes not available. If you do not hear otherwise, consider your child enrolled.

*Register Online at <https://fisd.revtrak.net/tek9.asp>

*Register in person at the Community Ed Office, T/W/TH - 8 am - 12 pm, 402 Laurel Dr.

*Register in person at the Admin Bldg. M-F - 8 am - 4:30 pm, 302 Laurel Dr.

*Mail registrations to: Friendswood ISD Community Education, 302 Laurel Dr.

FISD provides equal educational opportunities and does not discriminate against any person on the basis of race, color, religion, national origin, sex or handicap.

Absolutely NO schedule changes or camp substitutions unless Comm Ed cancels a class!

FISD Community Education/Youth Registration

Make Checks Payable to:

Friendswood Community Education

302 Laurel Drive, Friendswood, TX 77546

Check _____

Cash _____

Name _____

School _____ Grade _____ Age _____ HR Teacher _____

Address _____ Telephone _____

Parent/Guardian _____ Alternate Telephone _____

Emergency Contact (other than parent) _____ Telephone _____

Course Code: _____ Course Name _____ Fee _____

Course Code: _____ Course Name _____ Fee _____

Course Code: _____ Course Name _____ Fee _____

Liability Release: I hereby release Friendswood Independent School District, its agents, employees, independent contractors and volunteers from all responsibility in case of illness, injury, accident, or other loss. I authorize medical treatment for my child in the event it is deemed necessary. **I understand I will be notified only if a class is full or canceled.** *Signature of parent or legal guardian required.*

Signature _____ Date _____ Email _____