

FISD Community Education

Windsong After School Classes

Spring 2019

ONLINE REGISTRATION AND PAYMENT AVAILABLE

January 8th at 9 AM

<https://fisd.revtrak.net/tek9.asp>



Students should report to the location indicated in the class described at the specified time. Parents must pick up students promptly when their child's activities finish each day. Supervision is not provided afterward. Students who misbehave or who are not promptly picked up will not be allowed to continue in their activities. For additional information call **Community Ed, 281.482.6000**, or check our **Link** to the **FISD website: www.fisd12.net**. *No classes when FISD schools are closed, except Tennis.*

Parents – Please use Alpha Code when registering – ex KA01 Karate

JANUARY

Karate (5-12 yrs)	KA01	TH	6:30-7:30 pm	1/17-3/28	\$50
<i>B. Gray - 10 weeks. Learn techniques in art, sport, self-defense and self-confidence in American Karate. Includes kidnap prevention and awareness. UNIFORMS are REQUIRED and may be purchased for \$30 (cash only, please) at the class. Registrations accepted the first three weeks of class. KA02 for ages 13-70 from 7:30-8:30 pm. Student may try the first class for <u>FREE</u> before they sign up. (No class on 3/14) <i>These classes meet in the Westwood Gym.</i></i>					
Kid's Cardio Kickboxing A (3-5)	WS01	W	3:20-4:20 pm	1/16-2/20	\$90
<i>M. Goldman – Kid's Cardio Kickboxing will teach your child self-defense, self-confidence, and discipline in a fun, safe, and inclusive environment. We will learn different punches and kicks, boxing drills, bag work, non-contact sparring and work on core strength. We will end each class with healthy goals and meditation. <i>Gym</i></i>					

Tennis A (5-13 yrs) T01 M 3:40-4:40 pm 1/21-2/18 \$100

S. Bouis - Great instruction in tennis from a top professional. Develop tennis strokes and promote match play with strategic purpose. Racquets discussed at first class; bring yours if you already have one. Classes with less than 10 students will be combined with other classes on same dates. These camps located at the old junior high tennis courts on Woodlawn. In case of rain, report to the next scheduled class. No restrooms available. Contact instructor for additional information, 281-250-9448. All classes meet 5 times. *Tennis WILL be taught on Professional Development Days.*

FEBRUARY

Babysitting (11-15 yrs) BS01 M 9-4 pm 2/18 \$90

T. DiFruscio, A. DiFruscio, Oxygen & Iron - American Red Cross Training & Certification. Jump into a one-day course to learn the “ins and outs” of babysitting! This course prepares youths ages 11 through 15 with the training every parent wants in a babysitter: safety, basic childcare, safe play, first aid/critical emergency skills and leadership! Students should wear comfortable clothing and bring a sack lunch with drink. *Classes held in the FISD Annex Tr. Room, 402 Laurel Dr.*

Kid's Cardio Kickboxing B (3-5) WS02 W 3:20-4:20 pm 2/27-4/10 \$90

M. Goldman – H2K Happy Healthy Kids - Kid's Cardio Kickboxing will teach your child self-defense, self-confidence, and discipline in a fun, safe, and inclusive environment. We will learn different punches and kicks, boxing drills, bag work, non-contact sparring and work on core strength. We will end each class with healthy goals and meditation. (No class on 3/13) *Gym*

Little Med School: Wilderness Medicine (3-5) WS03 TH 3:20-4:20 pm 2/7-5/2 \$150

K. & C. Arnold – Wilderness medicine brings medicine, science and the importance of health to children. Learn about poisonous snakes and types of venom. Know the signs and symptoms of hypothermia. Learn how contaminated water can cause disease and how to filter and make clean water. We use interactive demonstrations, crafts and games so kids learn how to treat and take care of many common injuries that occur in the wild as well as awareness and safety.

(No class on 3/14) *Pod A Science Lab*

Tennis B (5-13 yrs) T02 M 3:40-4:40 pm 2/25-4/1 \$100

S. Bouis - Great instruction in tennis from a top professional. Develop tennis strokes and promote match play with strategic purpose. Racquets discussed at first class; bring yours if you already have one. Classes with less than 10 students will be combined with other classes on same dates. These camps located at the old junior high tennis courts on Woodlawn. In case of rain, report to the next scheduled class. No restrooms available. Contact instructor for additional information, 281-250-9448. All classes meet 5 times. *Tennis WILL be taught on Professional Development Days.*

(No class on 3/11)

MARCH

Soccer Training Fun (K-5) S01 TH 6:00-7:30 pm 3/21-5/9 \$120

L. Alba - A soccer program that fits your kid and fits your time. Includes instruction using different activities promoting agility, endurance and technique. We instill team-playing values while having fun playing the game. If your child is 7 or older, you do not have to stay with them for the class. Includes team shirt! Please register your shirt size in advance at friendswoodsoccer.com or 832-481-2288. *This class is held at the Lacrosse Fields, 402 Laurel Dr.*

APRIL

Karate Mini-Session (5-12 yrs) KA03 TH 6:30-7:30 pm 4/4-5/23 \$45
B. Gray - 8 weeks. Learn techniques in art, sport, self-defense and self-confidence in American Karate. Includes kidnap prevention and awareness. UNIFORMS are REQUIRED and may be purchased for \$30 (cash only, please) at the class. Registrations accepted the first three weeks of class. **KA04** for ages 13-70 from 7:30-8:30 pm. Student may try the first class for FREE before they sign up. *These classes meet in the Westwood Gym.*

Tennis C (5-13 yrs) T03 M 3:40-4:40 pm 4/8-5/6 \$100
S. Bouis - Great instruction in tennis from a top professional. Develop tennis strokes and promote match play with strategic purpose. Racquets discussed at first class; bring yours if you already have one. Classes with less than 10 students will be combined with other classes on same dates. These camps located at the old junior high tennis courts on Woodlawn. In case of rain, report to the next scheduled class. No restrooms available. Contact instructor for additional information, 281-250-9448. All classes meet 5 times. *Tennis WILL be taught on Professional Development Days.*

PARENTS: Office hours are T/W/TH 8 am-12 pm, January 9th – May 23rd. **Register early** to assure space in your selected activities. Notifications made if classes not available. If you do not hear otherwise, consider your child enrolled.

*Register Online at <https://fisd.revtrak.net/tek9.asp>

*Register in person at the Community Ed Office, T/W/TH - 8 am - 12 pm, 402 Laurel Dr.

*Register in person at the Admin Bldg. M-F - 8 am - 4:30 pm, 302 Laurel Dr.

*Mail registrations to: Friendswood ISD Community Education, 302 Laurel Dr.

FISD provides equal educational opportunities and does not discriminate against any person on the basis of race, color, religion, national origin, sex or handicap.

Absolutely NO schedule changes or camp substitutions unless Comm Ed cancels a class!

FISD Community Education/Youth Registration

Make Checks Payable to:

Friendswood Community Education

302 Laurel Drive, Friendswood, TX 77546

Check _____

Cash _____

Name _____

School _____ Grade _____ Age _____ HR Teacher _____

Address _____ Telephone _____

Parent/Guardian _____ Alternate Telephone _____

Emergency Contact (other than parent) _____ Telephone _____

Course Code: _____ Course Name _____ Fee _____

Course Code: _____ Course Name _____ Fee _____

Course Code: _____ Course Name _____ Fee _____

Liability Release: I hereby release Friendswood Independent School District, its agents, employees, independent contractors and volunteers from all responsibility in case of illness, injury, accident, or other loss. I authorize medical treatment for my child in the event it is deemed necessary. **I understand I will be notified only if a class is full or canceled.** *Signature of parent or legal guardian required.*

Signature _____ Date _____ Email _____