

Community Education

Martial Arts Classes

Fall 2019

Age 5-10	KA01	TH	9/12-12/12	6:30-7:30 PM	Westwood Gym	\$50
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Age 10-90	KA02	TH	9/12-12/12	7:30-8:30 PM	Westwood Gym	\$50
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Karate is taught by Bill Gray, Melissa Alonzo, and Michael Vallatini. Learn techniques in art, sport, self-defense and self-confidence in American Karate. Includes kidnap prevention and awareness. UNIFORMS ARE REQUIRED and may be purchased for \$30 (cash only, please) at the class. Registrations accepted the first three weeks of class. You may attend the first class free!! These classes meet in the Westwood Gym!!