

# FISD Community Education | Spring 2020 | Westwood/Bales



To register and pay visit: <https://fisd.revtrak.net/tek9.asp> or scan the QR Code or fill out the form!

Email [communityed@fisd12.net](mailto:communityed@fisd12.net) | Phone (281) 482-6000 | Website: [myfisd.com/community-ed/](http://myfisd.com/community-ed/)

No makeups are offered in the case of absences. For extreme weather, we will review the class schedule on a case by case basis.

Scholarships available. Contact Community Ed for more info. NO CLASSES DURING SCHOOL HOLIDAYS.

| WW Course Info   | Course Description  | Location     | Day | Time         | Date                           |
|--|---|--------------|-----|--------------|--------------------------------|
| <b>Maker Space A</b><br>WB11   \$74   Grade 1-5                                    | Students will be inventing, designing, and creating projects to work on their problem solving skills and creativity. By coming to Makerspace it gives every student the opportunity to discover their own genius and share it with the world. (Boyer)   | WW Library   | W   | 3:10-4:10 PM | 1/15-2/26                      |
| <b>Let's Keep Fitness Fun</b><br>WW01   \$55   Grade K-2                           | Come and play game favorites! We will meet in the gym and start with a warm up game. Once everyone checks in, we will divide into two groups. We will have a competitive group and a noncompetitive group. At the end of our session, the top three runners from each grade level will be recognized as well as an overall champion. Last year, we had a kindergartener that outran everyone! You never know! (Romell + Slaton)   | WW Gym       | TH  | 3:10-4:10 PM | 1/16-3/5                       |
| <b>Little Vet: Dogs</b><br>WB01   \$160   Grade K-5                                | Encourages elementary school children to role play and explore the exciting world of veterinarians. Using interactive demonstrations, crafts and games, kids learn how to take care of a pet and use instruments that real veterinarians use. It brings science and the importance of health to children in an entertaining and engaging way. Classes are designed and developed by a team of board-certified and trained physicians. Each student will take home their own stuffed animal dog that they will adopt along with an exciting semester learning about being a veterinarian! (Arnold)   | BA S2        | T   | 3:10-4:10 PM | 1/21-3/24                      |
| <b>Camp Einstein-Engineering and Science Session 1</b><br>WB03   \$110   Grade K-5 | Transform into an engineer with hands-on projects like designing roller coasters and propeller cars. Get to know your world on an elemental level by becoming a budding scientist who explores chemical reactions by building volcanoes and creating a rocket to launch into the sky! This S.T.E.M. (Science, Technology, Engineering, Mathematics) class is perfect for the curious minded student who loves to build, create, and see how things work! Our curriculum is on a rotating schedule and will be completely different from the past 2 semesters. (Bielamowicz)   | BA Lounge    | M   | 3:10-4:10 PM | 1/27-3/23<br><br>No class 3/16 |
| <b>Kid Creations: Arts and Crafts</b><br>WB02   \$94   Grade K-5                   | During this six-week course, students will have a different art and craft for each week. We will do plaster paint, ceramic, acrylic, and water painting, glass art, wood mosaics and more! We will paint canvases, learn brush techniques, and acrylic paint pouring! (McDaniel)  | BA Cafeteria | W   | 3:10-4:10 PM | 1/28-3/3                       |
| <b>American Girl Doll Valentine's Party</b><br>WB08   \$75   Grade K-5             | Calling all students... Gather your friends and join me for another night of friendship fun! Together we'll celebrate Valentine's Day early. We'll have a snack after school and then have a tea party picnic dinner complete with sandwiches, fruit kabobs and chips. We will partake in lots of crafts including making mini Valentine's Day boxes and cards - just the right size for our dolls. We'll also make special friendship bracelets as we discuss qualities we look for in good friends. Your child and their doll will gather in Ms. Lowe's classroom at Westwood Elementary school at dismissal. Camp pickup will occur at the front of Westwood. (Lowe) | WW 29        | F   | 3:10-7:10 PM | 1/31                           |

|  |  |            |    |              |           |
|--|--|------------|----|--------------|-----------|
| <b>Club One</b><br>WB07   Free   Grade K-5   | Club One takes a whole-child approach to teaching the gospel of Jesus Christ. Our main mission is to introduce children to Christ through the Bible and its teachings, using games, memory verses, and small group time. In order to keep this after school club FREE we ask that all students register with the Community Ed program AND clubone.org. Thank you for helping us with this 2-step registration process. Must be signed up by 2/28 in order to participate this semester. When Club One is over, car riders will be picked up at the bus line behind Westwood, Walk ups will pick up at Bales front door. (Drew)   | WW and BA  | M  | 3:10-4:15 PM | 2/3-4/20  |
| <b>Frozen Dance Camp</b><br>WW02   \$70   Grade K-3                                | Sing and dance to the soundtrack of Frozen and Frozen 2. Themed crafts, games, and dancing and makes this camp a big hit! (Dance Expressions)  | WW Gym     | W  | 3:10-4:10 PM | 2/5-3/4   |
| <b>Cooking for Kids</b><br>WB05   \$119   Grade 2-4                                | Chef Lulu – Hands on cooking in a fun way! Creating simple recipes, and at the same time learning safety measures in the kitchen. Take home your own creations and recipes. (Vasquez)  | BA lounge  | T  | 3:10-4:10 PM | 2/4-3/24  |
| <b>Self Defense</b><br>WB13   \$75   Grade K-5                                     | Our self defense course is structured to teach students how to defend and handle themselves from verbal and physical bullying and abuse. We use Judo along with leverage base positions and submissions, eliminating the possible risks associated with striking. With our program, size does not matter, we instill great grappling techniques that offer success even against a larger, stronger abuser. Before each class is over, our students practice at 100% resistance in order to prepare at all times for any situation. Preparation is key to success, in our classes you will not doubt your abilities and you will achieve your goals at all times! (Wadley)  | WW Gym     | T  | 3:10-4:10 PM | 2/4-4/14  |
| <b>Spanish for Kids</b><br>WB06   \$99   Grade 2-4                                 | Come and learn Spanish through fun, friendship and leisure learning activities for children. It is a dynamic and enjoyable environment and is taught by a native Spanish speaker. (Vazquez)  | BA lounge  | TH | 3:10-4:10 PM | 2/6-3/26  |
| <b>Maker Space B</b><br>WB12   \$74   Grade 1-5                                    | Students will be inventing, designing, and creating projects to work on their problem solving skills and creativity. By coming to Makerspace it gives every student the opportunity to discover their own genius and share it! (Boyer)   | WW Library | W  | 3:10-4:10 PM | 3/18-4/29 |
| <b>Camp Einstein-Engineering and Science Session 2</b><br>WB04   \$110   Grade K-5 | In this session 2 class, we will be doing projects in both engineering and science. Design motorized cars and foam rockets! Learn about blood typing and pH testing! The session 2 after-school class will offer different engineering and science lessons from session 1. Students from session 1 are encouraged to sign up, but new students are also welcome! Our curriculum is on a rotating schedule and will be completely different from the past 2 semesters. (Bielamowicz)  | BA lounge  | M  | 3:10-4:10 PM | 3/30-5/4  |
| <b>American Girl Easter Party</b><br>WB09   \$75   Grade K-5                       | Calling all students... Gather your friends and join me for another night of friendship fun! Join us as we celebrate Easter, American Girl style. Together we'll make mini easter baskets and fill mini easter eggs with treats. Our dolls will go on an Easter Egg hunt in the halls of Westwood. We will craft matching bunny ears and play several games. Our night ends by discussing things we are thankful for in our everyday lives. Dinner will be served. We'll discuss ways we can show our appreciation to our friends and families. Students and their dolls will gather in Lowe's classroom at Westwood Elementary school at dismissal. Camp pickup will occur at the front of Westwood. (Lowe)   | WW 29      | F  | 3:10-7:10 PM | 4/3       |
| <b>American Girl Summer Party</b><br>WB10   \$75   Grade K-5                       | Calling all students... Gather your friends and join me for another night of friendship fun! Join us as we celebrate the start of summer, American Girl style! Together we'll ensure that your child has lots of ideas, crafts, and games to keep them busy during the summer months. Students will be given cards and jacks as we learn and play the old fashioned way. We'll make two board games that will be taken home at the end of the night. Additionally we'll make a mini scrapbook - just the right size for our dolls - to collect memories of their summer fun. An after school snack as well as a dinner consisting of pizza, drinks, and a dessert will be provided. We will gather in Ms. Lowe's classroom at Westwood Elementary school at dismissal. Camp pickup will occur at the front of Westwood. (Lowe) | WW 29      | F  | 3:10-7:10 PM | 5/8       |

# FISD Community Education | Spring 2020 | Bales



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|---|---|--------------|-----|--------------|--------------------------------|
| <b>Maker Space A</b><br>WB11   \$74   Grade 1-5                                       | Students will be inventing, designing, and creating projects to work on their problem solving skills and creativity. By coming to Makerspace it gives every student the opportunity to discover their own genius and share it with the world. (Boyer)   | WW Library   | W   | 3:10-4:10 PM | 1/15-2/26                      |
| <b>Little Vet: Dogs</b><br>WB01   \$160   Grade K-5                                   | Encourages elementary school children to role play and explore the exciting world of veterinarians. Using interactive demonstrations, crafts and games, kids learn how to take care of a pet and use instruments that real veterinarians use. It brings science and the importance of health to children in an entertaining and engaging way. Classes are designed and developed by a team of board-certified and trained physicians. Each student will take home their own stuffed animal dog that they will adopt along with an exciting semester learning about being a veterinarian! (Arnold)   | BA S2        | T   | 3:10-4:10 PM | 1/21-3/24                      |
| <b>Camp Einstein- Engineering &amp; Science Session 1</b><br>WB03   \$110   Grade K-5 | Transform into an engineer with hands-on projects like designing roller coasters and propeller cars. Get to know your world on an elemental level by becoming a budding scientist who explores chemical reactions by building volcanoes and creating a rocket to launch into the sky! This S.T.E.M. (Science, Technology, Engineering, Mathematics) class is perfect for the curious minded student who loves to build, create, and see how things work! Our curriculum is on a rotating schedule and will be completely different from the past 2 semesters. (Bielamowicz)   | BA Lounge    | M   | 3:10-4:10 PM | 1/27-3/23<br><br>No class 3/16 |
| <b>Take Me Out to the Ballgame</b><br>BA01   \$65   Grade 3-5                         | Baseball/Softball Class: Come out and practice your baseball/softball skills with Coach Rannik (a former Baylor University softball pitcher). We will learn techniques and drills for hitting, baseball & softball pitching, fielding, and base running, then end our week with a mini World Series competition. Whether your student is a beginner or an all-star, he/she will enjoy this class. (Please bring your own glove and helmet if possible, but I have extras if needed.) (Rannik)   | BA Gym       | M   | 3:10-4:10 PM | 1/27-2/24                      |
| <b>Kid Creations: Arts &amp; Crafts</b><br>WB02   \$94   Grade K-5                    | During this six-week course, students will have a different art and craft for each week. We will do plaster paint, ceramic, acrylic, and water painting, glass art, wood mosaics and more! We will paint canvases, learn brush techniques, and acrylic paint pouring! (McDaniel)  | BA Cafeteria | T   | 3:10-4:10 PM | 1/28-3/3                       |
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| <b>Club One</b><br>WB07   FREE   Grade K-5  | Club One takes a whole-child approach to teaching the gospel of Jesus Christ. Our main mission is to introduce children to Christ through the Bible and its teachings, using games, memory verses, and small group time. In order to keep this after school club FREE we ask that all students register with the Community Ed program AND clubone.org. Thank you for helping us with this 2-step registration process. Must be signed up by 2/28 in order to participate this semester. When Club One is over, car riders will be picked up at the bus line behind Westwood, Walk ups will pick up at Bales front door.   | WW and BA    | M   | 3:10-4:15 PM | 2/3-4/20                       |

|   |  |            |          |              |           |
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| <b>Cooking for Kids</b><br>WB05   \$119   Grade 2-4                                 | Chef Lulu – Hands on cooking in a fun way! Creating simple recipes, and at the same time learning safety measures in the kitchen. Take home your own creations and recipes. (Vazquez)  | BA lounge  | T        | 3:10-4:10 PM | 2/4-3/24  |
| <b>Self Defense</b><br>WB13   \$75   Grade K-5                                      | Our self defense course is structured to teach students how to defend and handle themselves from verbal and physical bullying and abuse. We utilize Judo along with leverage base self-defense positions and submissions, eliminating the possible risks associated with striking. With our program, size does not matter, we instill great grappling techniques that offer success even against a larger, stronger abuser. Before each class is over, our students practice at 100% resistance in order to prepare at all times for any situation. Preparation is key to success, in our classes you will not doubt your abilities and you will achieve your goals at all times! (Wadley)   | WW Gym     | T        | 3:10-4:10 PM | 2/4-4/14  |
| <b>Hip Hop Ninja Dance Camp</b><br>BA03   \$70   Grade 3-5                          | Learn the moves of a true ninja and master Hip Hop in this fun camp for boys and girls. Participants will tumble, dash and catapult through ninja moves, then apply them to the groove! There will be Ninja style crafts included in this popular camp. Pick up at Bales. (Dance Expressions)  | WW Gym     | TH       | 3:10-4:10 PM | 3/19-4/16 |
| <b>Spanish for Kids</b><br>WB06   \$99   Grade 2-4                                  | Come and learn Spanish through fun, friendship and leisure learning activities for children. It is a dynamic and enjoyable environment and is taught by a native Spanish speaker. (Vazquez)  | BA lounge  | TH       | 3:10-4:10 PM | 2/6-3/26  |
| <b>March Madness!</b><br>BA02   \$65   Grade 3-5                                    | Come join us for some basketball and get out that after school energy the week before Spring Break! We will be doing ball handling, dribbling, passing, and shooting drills as well as playing half court and full court games. We will end with some fun competitions where winners will earn a certificate and prizes. Come out and HOOP it up at Bales! (Rannik)  | BA Gym     | M-T<br>H | 3:10-4:10 PM | 3/2-3/5   |
| <b>Maker Space B</b><br>WB12   \$74   Grade 1-5                                     | Students will be inventing, designing, and creating projects to work on their problem solving skills and creativity. By coming to Makerspace it gives every student the opportunity to discover their own genius and share it with the world. (Boyer)  | WW Library | W        | 3:10-4:10 PM | 3/18-4/29 |
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| <b>American Girl Easter Party</b><br>WB09   \$75   Grade K-5                        | Gather your friends and join me for another night of friendship fun! Join us as we celebrate Easter, American Girl style. Together we'll make mini easter baskets and fill mini easter eggs with treats. Our dolls will go on an Easter Egg hunt in the halls of Westwood. We will craft matching bunny ears and play several games. Our night ends by discussing things we are thankful for in our everyday lives. Dinner will be served. We'll discuss ways we can show our appreciation to our friends and families. Students and their dolls will gather in Ms. Lowe's classroom at WW Elementary school at dismissal. Camp pickup will occur at the front of Westwood. (Lowe)   | WW 29      | F        | 3:10-7:10 PM | 4/3       |
| <b>American Girl Summer Party</b><br>WB10   \$75   Grade K-5                        | Gather your friends and join me for another night of friendship fun! Join us as we celebrate the start of summer, American Girl style! Together we'll ensure that your child has lots of ideas, crafts, and games to keep them busy during the summer months. Students will be given cards and jacks as we learn and play the old fashioned way. We'll make two board games that will be taken home at the end of the night. Additionally we'll make a mini scrapbook - just the right size for our dolls - to collect memories of their summer fun. An after school snack as well as a dinner consisting of pizza, drinks, and dessert will be provided. We will gather in Ms. Lowe's classroom at WW Elementary school at dismissal. Camp pickup will occur at the front of Westwood. (Lowe) | WW 29      | F        | 3:10-7:10 PM | 5/8       |

## Westwood/Bales | Off- Campus and Evening Classes

| Course Info  | Description  | Location                       | Day | Time         | Date      |
|--|--|--------------------------------|-----|--------------|-----------|
| <b>Martial Arts Youth: Winter Session</b><br>MA01   \$65   Grade K-5 | Learn techniques in art, sport, self-defense and self-confidence. Includes kidnap prevention and awareness. UNIFORMS ARE REQUIRED and may be purchased for \$30 (cash only, please) at the class. Registrations accepted the first three weeks of class. You may attend the first class free!! (Gray)  | Bales Cafeteria                | TH  | 6:30-7:30 PM | 1/9-3/5   |
| <b>Great Tennis A</b><br>T01   \$100   Age 5-13                      | Great simple tennis instruction for all ages to accelerate the learning of this lifetime sport. Great fun and instruction! Racquets discussed at first class; bring yours if you already have one. Contact instructor for additional information 281-250-9448 (Bouis)  | 2555<br>W El Dorado            | M   | 3:40-4:40 PM | 1/20-2/17 |
| <b>Intro to Guitar</b><br>FD01   \$64   Age 10+                      | There are no prerequisites for this course; if you do not know how to read lead sheets, I will teach you. We will learn tab and musical notation, but we will primarily work from charts. A few things you can look forward to: 1. Cowboy chords and power chords 2. Guitar maintenance; changing strings, tuning, cleaning, and more. 3. Right-hand technique and strumming 4. 12-bar blues 5. Intro to lead; pentatonic and blues scales. 6. Self-accompaniment - singing while playing. (Stevens) | Bales Teachers Lounge          | W   | 4:30-5:30 PM | 2/5-4/29  |
| <b>Introduction To Sewing A</b><br>FD05   \$150   Age 10+            | Learn the ins and outs of a sewing machine, how to sew a straight and zig zag stitch and make a drawstring bag, a scrunchie and more if we have time! All materials and a sewing machine are provided, but if you have your own machine feel free to bring it! (Niles)   | Sparkly Elephant Sewing Lounge | T   | 3:45-5:00 PM | 2/4-2/25  |
| <b>Introduction To Sewing B</b><br>FD06   \$150   Age 10+            | Learn the ins and outs of a sewing machine, how to sew a straight and zig zag stitch and make a drawstring bag, a scrunchie and more if we have time! All materials and a sewing machine are provided, but if you have your own machine feel free to bring it! (Niles)   | Sparkly Elephant Sewing Lounge | TH  | 4:15-5:30 PM | 2/6-2/27  |
| <b>Great Tennis B</b><br>T02   \$100   Age 5-13                      | Great simple tennis instruction for all ages to accelerate the learning of this lifetime sport. Great fun and instruction! Racquets discussed at first class; bring yours if you already have one. Contact instructor for additional information 281-250-9448 (Bouis)  | 2555<br>W El Dorado            | M   | 3:40-4:40 PM | 2/24-4/6  |
| <b>Soccer</b><br>S01   \$119   Age 5-10                              | Soccer instruction using different activities promoting agility, endurance and technique. We instill team-playing values while having fun playing the game. Practice ball included. (Vazquez)  | WW fields                      | TH  | 6:00-7:30 PM | 3/19-5/7  |
| <b>Great Tennis C</b><br>T03   \$100   Age 5-13                      | Great simple tennis instruction for all ages to accelerate the learning of this lifetime sport. Great fun and instruction! Racquets discussed at first class; bring yours if you already have one. Contact instructor for additional information 281-250-9448 (Bouis)  | 2555<br>W El Dorado            | M   | 3:40-4:40 PM | 4/13-5/11 |
| <b>Martial Arts Youth: Spring Session</b><br>MA02   \$65   Grade K-5 | Learn techniques in art, sport, self-defense and self-confidence in American Karate. Includes kidnap prevention and awareness. UNIFORMS ARE REQUIRED and may be purchased for \$30 (cash only, please) at the class. Registrations accepted the first three weeks of class. You may attend the first class free!! (Gray)   | Bales Cafeteria                | TH  | 6:30-7:30 PM | 3/19-5/7  |

# FISD Community Education | Junior High and High School Classes

| Course Info  | Description  | Location                       | Day    | Time         | Date      |
|--|--|--------------------------------|--------|--------------|-----------|
| <b>Creativity in the Classroom</b><br>JH04   \$90   Grade 6-12 | Do you like science? Do you like arts and crafts? Do you like helping your friends and fellow classmates succeed? Well then, this class is for you! In this class, we will be partnering working alongside our special education classes to help our students succeed and foster creativity. We will be creating books for the students to read as well as sensory toys and fidgets. The students will be able to make their own to take home as well. The members of the class will get the opportunity to work together as a team to create their own projects. They will become better problem solvers while developing their leadership skills. This class covers reading, language, math, and STEM in a differentiated environment! The last class will be held on Friday, March 6. (Connelley) | FJH 5101                       | M & W  | 4:15-5:15 PM | 1/8-3/6   |
| <b>Intro EV3 Robotics</b><br>JH01   \$119   Grade 5-8          | Learn the basics of the EV3 Lego Robotics system. Design, build, and program your own robot. Create a robot that will write your initials. Use your phone to drive your robot through a maze. (Givens)   | FJH 3100                       | M-TH   | 4:15-5:45 PM | 1/27-1/30 |
| <b>Intro to Guitar</b><br>FD01   \$64   Age 10+                | There are no prerequisites for this course; if you do not know how to read lead sheets, I will teach you. We will learn tab and musical notation, but we will primarily work from charts. (Stevens)<br>A few things you can look forward to:<br>1. Cowboy chords and power chords<br>2. Guitar maintenance; changing strings, tuning, cleaning, and more.<br>3. Right-hand technique and strumming<br>4. 12-bar blues<br>5. Intro to lead; pentatonic and blues scales.<br>6. Self-accompaniment - singing while playing.  | Bales Teachers Lounge          | W      | 4:30-5:30 PM | 2/5-4/29  |
| <b>Introduction To Sewing B</b><br>FD06   \$150   Age 10+      | Learn the ins and outs of a sewing machine, how to sew a straight and zig zag stitch and make a drawstring bag, a scrunchie and more if we have time! All materials and a sewing machine are provided, but if you have your own machine feel free to bring it! (Niles)   | Sparkly Elephant Sewing Lounge | TH     | 4:15-5:30 PM | 2/6-2/27  |
| <b>Martial Arts Adult</b><br>MA03   \$65   Age 11+             | Learn techniques in art, sport, self-defense and self-confidence. Includes kidnap prevention and awareness. UNIFORMS ARE REQUIRED and may be purchased for \$30 (cash only, please) at the class. Registrations accepted the first three weeks of class. You may attend the first class free!! (Gray)  | Bales Cafeteria                | TH     | 7:30-8:30 PM | 2/6-5/7   |
| <b>Lego Racing Robot</b><br>JH02   \$119   Grade 5-8           | Learn the basics of the EV3 Lego Robotics system. Design, build, program and race your own robot. Create a robot built for speed. Use your phone to race your robot around the track. (Givens)   | FJH 3100                       | M-TH   | 4:15-5:45 PM | 2/24-2/27 |
| <b>Mini Med Camp A</b><br>JH05   \$50   Grade 6-8              | Are you interested in health care? Come to our mini med camp where you will learn various skills such as hands only Cardiopulmonary Resuscitation (CPR) and patient assessment. These are two very important skills that health care providers must be proficient in. This is a great way to jump start your interest in the healthcare field. (Burris)  | FJH 7101                       | T & TH | 4:15-5:45 PM | 2/25-2/27 |
| <b>Mini Med Camp B</b><br>JH06   \$50   Grade 6-8              | Biomed Mini Camp. Spend 2 days conducting activities and experiments related to the field of biomed. One day will concentrate on Crime Scene Investigation and the other day will concentrate on DNA. (Martin)   | FJH 7101                       | T & TH | 4:15-5:45 PM | 3/3-3/5   |
| <b>Gaming Robots</b><br>JH03   \$119   Grade 5-8               | Learn the basics of the EV3 Lego Robotics system. Design, build, program and play your own robot. Create a robot for a robotic game of Hungry, Hungry Hippo. Use your phone to move your robot around the field. (Givens)  | FJH 3100                       | M-TH   | 4:15-5:45 PM | 3/30-4/2  |

# FISD Community Education | Adult and Parent Classes

| Course Info  | Course Description   | Location                   | Day | Time         | Dates     |
|--|--|----------------------------|-----|--------------|-----------|
| <b>Welcome to Friendswood</b><br>FD04   \$10   Adults  | You're welcome: Come spend four evenings with community groups for an introduction into the life in Friendswood. If you are a newly immigrated family or an ESL family, join us to create bridges of understanding among each other and with professionals in Law, Health, Education, and nonprofit groups.<br><br>Classes will meet: 1/29, 2/26, 4/30, 5/29 (Feaster)   | Friendswood Public Library | W   | 6:00-7:00 PM | 1/29-5/29 |
| <b>Intro to Guitar</b><br>FD01   \$64   Age 10+  | There are no prerequisites for this course; if you do not know how to read lead sheets, I will teach you. We will learn tab and musical notation, but we will primarily work from charts. A few things you can look forward to: <ol style="list-style-type: none"> <li>1. Cowboy chords and power chords</li> <li>2. Guitar maintenance; changing strings, tuning, cleaning, and more.</li> <li>3. Right-hand technique and strumming</li> <li>4. 12-bar blues</li> <li>5. Intro to lead; pentatonic and blues scales.</li> <li>6. Self-accompaniment - singing while playing. (Stevens)</li> </ol>  | Bales Teachers Lounge      | W   | 4:30-5:30 PM | 2/5-4/29  |
| <b>Gaining the College Edge: Getting on Schedule</b><br>HS 01   \$110   Grade 11-12 and/or parents | These four sessions will be an introduction to the application process. We will inform parents and students about college application requirements, deadlines, assessments, and all other steps required to be ahead of the application submission process. We will then look at essay requirements and provide suggestions for writing unique personal essays and short answer responses. Current personal resume entries will be discussed, and students will be guided on how to best fill in the existing gaps. Students and parents will be guided to the SAT and ACT testing sites and we will provide insight on how and when to best approach these assessments. This course will also serve as a precursor to this summer's Gaining the College Edge Bootcamp when we will work with students to polish college essays and short answers and complete and submit college applications. (Hillier + Simons) | FHS 419                    | T   | 5:00-6:00 PM | 2/4-2/25  |
| <b>Gaining the College Edge: Jump Start</b><br>HS02   \$110   Age 15-16 and/or parents             | These four sessions will be designed to guide 9th and 10th grade students and parents in the college application route. Understanding that a few requirements may change over the course of your time in high school, we will cover college research, high school course selection, community service, organization and club participation, employment, and other extracurriculars that will have you well on the way to a solid resume. We will also spend time looking at the SAT and ACT tests, so that you are up to date on testing scheduling and practice opportunities for these assessments. (Hillier + Simons)   | FHS 419                    | T   | 6:00-7:00 PM | 2/4-2/25  |
| <b>Beekeeping</b><br>FD02   \$95   Age 18+   | You can become a backyard beekeeper! Beekeeping is fun, interesting, and rewarding in many ways. Classes progress through all aspects of beekeeping, including equipment, bee behavior, honey, pests and diseases, seasonal maintenance, and apiary inspections. By the end of classes we can help you acquire your own bees in the spring, and hopefully you will even harvest honey this year! (Rogers, Certified Texas Master Beekeeper)  | FHS 423                    | TH  | 7:00-9:00 PM | 2/6-4/9   |
| <b>Martial Arts Adult</b><br>MA03   \$65   Age 11+   | Learn techniques in art, sport, self-defense and self-confidence. Includes kidnap prevention and awareness. UNIFORMS ARE REQUIRED and may be purchased for \$30 (cash only, please) at the class. Registrations accepted the first three weeks of class. You may attend the first class free!! (Gray)  | Bales Cafeteria            | TH  | 7:30-8:30 PM | 2/6-5/7   |

|  |  |                 |    |              |           |
|--|--|-----------------|----|--------------|-----------|
| <b>Cooking Weeknight Meals</b><br>FD03   \$125   Age 18+ | I've worked in many kitchens throughout my life, but the most important being my own. Cooking restaurant quality meals isn't hard if you have the right tools, techniques and recipes. This course is for anyone who would like to expand their skills in the kitchen to prepare fresh, fast, and tasty meals that won't take all night and make a mess of the kitchen. (Hervada)<br><b>Class #1</b> will be tools and techniques-focusing on different knife and cooking skills including a list of tools most commonly used in my kitchen. Nothing fancy is needed, just a few basic things.<br><b>Class #2</b> Risotto - the classic and elegant Italian rice side dish that can easily transform into a spectacular entree. It's not as hard as some may want you to think....learn the tips that will make it a regular in your kitchen.<br><b>Class #3</b> Chicken Piccata - turn basic chicken into something fantastic with a few ingredients and some simple techniques. This would pair perfectly with the risotto from class #2.<br><b>Class #4</b> Stuffed Peppers....learn to make recipes your own by building with ingredients of your choice...this preparation will be with beef, sausage, and vegetables but you'll learn how to easily turn it into your own specialty. | FHS<br>Culinary | TH | 7:00-8:30 PM | 3/19- 4/9 |
|--|--|-----------------|----|--------------|-----------|

## Registration Form | Remit payment to Friendswood ISD Community Education

FISD provides equal educational opportunities and does not discriminate against any person on the basis of race, color, religion, national origin, sex or handicap.

Student Name \_\_\_\_\_ School \_\_\_\_\_ Grade \_\_\_\_\_ Age \_\_\_\_\_ Address \_\_\_\_\_

Parent Name \_\_\_\_\_ Parent Phone Number \_\_\_\_\_ Medical or relevant concerns: \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Relationship \_\_\_\_\_ Emergency Contact Phone Number \_\_\_\_\_

Course Code: \_\_\_\_\_ Course Name \_\_\_\_\_ Fee \_\_\_\_\_

Course Code: \_\_\_\_\_ Course Name \_\_\_\_\_ Fee \_\_\_\_\_ HR Teacher \_\_\_\_\_

Course Code: \_\_\_\_\_ Course Name \_\_\_\_\_ Fee \_\_\_\_\_ Check # \_\_\_\_\_

Liability Release: I hereby release Friendswood Independent School District, its agents, employees, independent contractors and volunteers from all responsibility in case of illness, injury, accident, or other loss. I authorize medical treatment for my child in the event it is deemed necessary. I understand I will be notified only if a class is full or canceled. Signature of parent or legal guardian required.

Signature \_\_\_\_\_ Date \_\_\_\_\_ Email \_\_\_\_\_