

# FISD Community Education | Spring 2020 | Windsong



**To register and pay visit:** <https://fisd.revtrak.net/tek9.asp> or scan the QR Code or fill out the form!

**Email** [communityed@fisd.k12.net](mailto:communityed@fisd.k12.net) | **Phone** (281) 482-6000 | **Website:** [myfisd.com/community-ed/](http://myfisd.com/community-ed/)

No makeups for classes are offered in the case of absences. For extreme weather, we will review the class schedule on a case by case basis.

Scholarships available. Contact Community Ed office for more info. NO CLASSES DURING SCHOOL HOLIDAYS.

Course Info	Course Description	Location	Day	Time	Date
<b>Little Vet School: DOGS</b> WS02   \$160   Grade 3-5	Encourages elementary school children to role play and explore the exciting world of veterinarians. Using interactive demonstrations, crafts and games, kids learn how to take care of a pet and use instruments that real veterinarians use. It brings science and the importance of health to children in an entertaining and engaging way. Classes are designed and developed by a team of board-certified and trained physicians. Each student will take home their own stuffed animal dog that they will adopt along with an exciting semester learning about being a veterinarian! (Arnold)	WS Pod A Science Lab	W	3:20-4:20 PM	1/22-3/25
<b>Kid Creations: Arts and Crafts</b> WS07   \$94   Grade 3-5	During this six-week course, students will have a different art and craft for each week. We will do plaster paint, ceramic, acrylic, and water painting, glass art, wood mosaics and more! We will paint canvases, learn brush techniques, and acrylic paint pouring! (McDaniel)	WS Teachers Lounge	M	3:20-4:20 PM	1/27-3/2
<b>Yoga for Kids A</b> WS05   \$100   Grade 3-5	Yoga for kids! Kids will have fun learning yoga poses based on animals and nature. We will play movement based games as well as learn mindfulness, relaxation and stress management techniques. Research has shown that yoga can improve focus, memory, self-esteem, academic performance, classroom behavior, and can even reduce anxiety and stress in children. Yoga for kids will incorporate music and play to inspire kids to create, express themselves, and grow together. Come and have fun while learning mind and body balance! (Rosales)	WS S2	T & TH	3:20-4:20 PM	1/28-2/20
<b>Conversational Spanish Immersion</b> WS08   \$197   Grade 3-5	Students will learn to speak conversational Spanish through songs, movement, games, worksheets, and fun classroom activities. This fun and immersive beginner-level class will focus on whole-language Spanish conversation. Students will learn common conversational phrases such as "can you repeat that, "where is", "I like", "I want", "I don't know" and MORE while they learn to talk all about themselves, their likes and dislikes, their pets, and more (first 6 weeks) and how to talk about the weather, seasons, common springtime vocabulary, and more (last 6 weeks). Each week will have a "phrase of the week" that students will memorize.  All materials (including a Spanish folder), song lyrics, vocabulary lists, and worksheets are included and will be provided during the first class :)  Online flashcards and games will be emailed for at-home practice and fun! This class is for students with some (or very little) background of Spanish. (Urban)	WS Teachers Lounge	TH	3:20-4:20 PM	2/6-4/30
<b>Camp Einstein-Engineering and Science Session 1</b> WS03   \$110   Grade 3-5	Transform into an engineer with hands-on projects like designing roller coasters and propeller cars. Get to know your world on an elemental level by becoming a budding scientist who explores chemical reactions by building volcanoes and creating a rocket to launch into the sky! This S.T.E.M. (Science, Technology, Engineering, Mathematics) class is perfect for the curious minded student who loves to build, create, and see how things work! Our curriculum is on a rotating schedule and will be completely different from the past 2 semesters. (Bielamowicz)	WS Pod A Science Lab	T	3:20-4:20 PM	2/4-3/24  No class 3/17

<p><b>Self Defense</b> WS09   \$75   Grade 3-5</p>	<p>Our self defense course is structured to teach students how to defend and handle themselves from verbal and physical bullying and abuse. We utilize Judo along with leverage base self-defense positions and submissions, eliminating the possible risks associated with striking. With our program, size does not matter, we instill great grappling techniques that offer success even against a larger, stronger abuser. Before each class is over, our students practice at 100% resistance in order to prepare at all times for any situation. Preparation is key to success , in our classes you will not doubt your abilities and you will achieve your goals at all times! (Wadley)</p>	WS Gym	W	3:20-4:20 PM	2/5-4/15
<p><b>Hip Hop Ninja Dance Camp</b> WS01   \$70   Grade 3-5</p>	<p>Learn the moves of a true ninja and master Hip Hop in this fun camp for boys and girls. Participants will tumble, dash and catapult through ninja moves, then apply them to the groove! There will be Ninja style crafts included in this popular camp. (Dance Expressions)</p>	WS Gym	TH	3:20-4:20 PM	2/6-3/5
<p><b>Yoga for Kids B</b> WS06   \$100   Grade 3-5</p>	<p>Yoga for kids! Kids will have fun learning yoga poses based on animals and nature. We will play movement based games as well as learn mindfulness, relaxation and stress management techniques. Research has shown that yoga can improve focus, memory, self-esteem, academic performance, classroom behavior, and can even reduce anxiety and stress in children. Yoga for kids will incorporate music and play to inspire kids to create, express themselves, and grow together. Come and have fun while learning mind and body balance! (Rosales)</p>	WS S2	T & TH	3:20-4:20 PM	3/17-4/14
<p><b>Camp Einstein-Engineering and Science Session 2</b> WS04   \$110   Grade 3-5</p>	<p>In this session 2 class, we will be doing projects in both engineering and science. Design motorized cars and foam rockets! Learn about blood typing and pH testing! The session 2 after-school class will offer different engineering and science lessons from session 1. Students from session 1 are encouraged to sign up, but new students are also welcome! Our curriculum is on a rotating schedule and will be completely different from the past 2 semesters. (Bielamowicz)</p>	WS Pod A Science Lab	T	3:20-4:20 PM	3/31-5/5

# Windsong | Off-Campus and Evening Classes

Course Info	Description	Location	Day	Time	Date
<b>Martial Arts Youth: Winter Session</b> MA01   \$65   Grade K-5	Learn techniques in art, sport, self-defense and self-confidence. Includes kidnap prevention and awareness. UNIFORMS ARE REQUIRED and may be purchased for \$30 (cash only, please) at the class. Registrations accepted the first three weeks of class. You may attend the first class free!! (Gray)	Bales Cafeteria	TH	6:30-7:30 PM	1/9-3/5
<b>Great Tennis A</b> T01   \$100   Age 5-13	Great simple tennis instruction for all ages to accelerate the learning of this lifetime sport. Great fun and instruction! Racquets discussed at first class; bring yours if you already have one. Contact instructor for additional information 281-250-9448 (Bouis)	2555 W El Dorado	M	3:40-4:40 PM	1/20-2/17
<b>Intro to Guitar</b> FD01   \$64   Age 10+	There are no prerequisites for this course; if you do not know how to read lead sheets, I will teach you. We will learn tab and musical notation, but we will primarily work from charts. A few things you can look forward to: (Stevens) Beginner: 1. Cowboy chords and power chords 2. Guitar maintenance; changing strings, tuning, cleaning, and more. 3. Right-hand technique and strumming 4. 12-bar blues 5. Intro to lead; pentatonic and blues scales. 6. Self-accompaniment - singing while playing.	Bales Teachers Lounge	W	4:30-5:30 PM	2/5-4/29
<b>Introduction To Sewing A</b> FD05   \$150   Age 10+	Learn the ins and outs of a sewing machine, how to sew a straight and zig zag stitch and make a drawstring bag, a scrunchie and more if we have time! All materials and a sewing machine are provided, but if you have your own machine feel free to bring it! (Niles)	Sparkly Elephant Sewing Lounge	T	3:45-5:00 PM	2/4-2/25
<b>Introduction To Sewing B</b> FD06   \$150   Age 10+	Learn the ins and outs of a sewing machine, how to sew a straight and zig zag stitch and make a drawstring bag, a scrunchie and more if we have time! All materials and a sewing machine are provided, but if you have your own machine feel free to bring it! (Niles)	Sparkly Elephant Sewing Lounge	TH	4:15-5:30 PM	2/6-2/27
<b>Great Tennis B</b> T02   \$100   Age 5-13	Great simple tennis instruction for all ages to accelerate the learning of this lifetime sport. Great fun and instruction! Racquets discussed at first class; bring yours if you already have one. Contact instructor for additional information 281-250-9448 (Bouis)	2555 W El Dorado	M	3:40-4:40 PM	2/24-4/6
<b>Soccer</b> S01   \$119   Age 5-10	Soccer instruction using different activities promoting agility, endurance and technique. We instill team-playing values while having fun playing the game. Practice ball included. (Vazquez)	WW fields	TH	6:00-7:30 PM	3/19-5/7
<b>Great Tennis C</b> T03   \$100   Age 5-13	Great simple tennis instruction for all ages to accelerate the learning of this lifetime sport. Great fun and instruction! Racquets discussed at first class; bring yours if you already have one. Contact instructor for additional information 281-250-9448 (Bouis)	2555 W El Dorado	M	3:40-4:40 PM	4/13-5/11
<b>Martial Arts Youth: Spring Session</b> MA02   \$65   Grade K-5	Learn techniques in art, sport, self-defense and self-confidence in American Karate. Includes kidnap prevention and awareness. UNIFORMS ARE REQUIRED and may be purchased for \$30 (cash only, please) at the class. Registrations accepted the first three weeks of class. You may attend the first class free!! (Gray)	Bales Cafeteria	TH	6:30-7:30 PM	3/19-5/7

# FISD Community Education | Junior High and High School Classes

Course Info	Description	Location	Day	Time	Date
<b>Creativity in the Classroom</b> JH04   \$90   Grade 6-12	Do you like science? Do you like arts and crafts? Do you like helping your friends and fellow classmates succeed? Well then, this class is for you! In this class, we will be partnering working alongside our special education classes to help our students succeed and foster creativity. We will be creating books for the students to read as well as sensory toys and fidgets. The students will be able to make their own to take home as well. The members of the class will get the opportunity to work together as a team to create their own projects. They will become better problem solvers while developing their leadership skills. This class covers reading, language, math, and STEM in a differentiated environment! The last class will be held on Friday, March 6. (Connelley)	FJH 5101	M & W	4:15-5:15 PM	1/8-3/6
<b>Intro EV3 Robotics</b> JH01   \$119   Grade 5-8	Learn the basics of the EV3 Lego Robotics system. Design, build, and program your own robot. Create a robot that will write your initials. Use your phone to drive your robot through a maze. (Givens)	FJH 3100	M-TH	4:15-5:45 PM	1/27-1/30
<b>Intro to Guitar</b> FD01   \$64   Age 10+	There are no prerequisites for this course; if you do not know how to read lead sheets, I will teach you. We will learn tab and musical notation, but we will primarily work from charts. (Stevens) A few things you can look forward to: 1. Cowboy chords and power chords 2. Guitar maintenance; changing strings, tuning, cleaning, and more. 3. Right-hand technique and strumming 4. 12-bar blues 5. Intro to lead; pentatonic and blues scales. 6. Self-accompaniment - singing while playing.	Bales Teachers Lounge	W	4:30-5:30 PM	2/5-4/29
<b>Introduction To Sewing B</b> FD06   \$150   Age 10+	Learn the ins and outs of a sewing machine, how to sew a straight and zig zag stitch and make a drawstring bag, a scrunchie and more if we have time! All materials and a sewing machine are provided, but if you have your own machine feel free to bring it! (Niles)	Sparkly Elephant Sewing Lounge	TH	4:15-5:30 PM	2/6-2/27
<b>Martial Arts Adult</b> MA03   \$65   Age 11+	Learn techniques in art, sport, self-defense and self-confidence. Includes kidnap prevention and awareness. UNIFORMS ARE REQUIRED and may be purchased for \$30 (cash only, please) at the class. Registrations accepted the first three weeks of class. You may attend the first class free!! (Gray)	Bales Cafeteria	TH	7:30-8:30 PM	2/6-5/7
<b>Lego Racing Robot</b> JH02   \$119   Grade 5-8	Learn the basics of the EV3 Lego Robotics system. Design, build, program and race your own robot. Create a robot built for speed. Use your phone to race your robot around the track. (Givens)	FJH 3100	M-TH	4:15-5:45 PM	2/24-2/27
<b>Mini Med Camp A</b> JH05   \$50   Grade 6-8	Are you interested in health care? Come to our mini med camp where you will learn various skills such as hands only Cardiopulmonary Resuscitation (CPR) and patient assessment. These are two very important skills that health care providers must be proficient in. This is a great way to jump start your interest in the healthcare field. (Burriss)	FJH 7101	T &TH	4:15-5:45 PM	2/25-2/27
<b>Mini Med Camp B</b> JH06   \$50   Grade 6-8	Biomed Mini Camp. Spend 2 days conducting activities and experiments related to the field of biomed. One day will concentrate on Crime Scene Investigation and the other day will concentrate on DNA. (Martin)	FJH 7101	T &TH	4:15-5:45 PM	3/3-3/5
<b>Gaming Robots</b> JH03   \$119   Grade 5-8	Learn the basics of the EV3 Lego Robotics system. Design, build, program and play your own robot. Create a robot for a robotic game of Hungry, Hungry Hippo. Use your phone to move your robot around the field. (Givens)	FJH 3100	M-TH	4:15-5:45 PM	3/30-4/2

# FISD Community Education | Adult and Parent Classes

Course Info	Course Description	Location	Day	Time	Dates
<b>Welcome to Friendswood</b> FD04   \$10   Adults	You're welcome: Come spend four evenings with community groups for an introduction into the life in Friendswood. If you are a newly immigrated family or an ESL family, join us to create bridges of understanding among each other and with professionals in Law, Health, Education, and nonprofit groups.  Classes will meet: 1/29, 2/26, 4/30, 5/29 (Feaster)	Friendswood Public Library	W	6:00-7:00 PM	1/29-5/29
<b>Intro to Guitar</b> FD01   \$64   Age 10+	There are no prerequisites for this course; if you do not know how to read lead sheets, I will teach you. We will learn tab and musical notation, but we will primarily work from charts. A few things you can look forward to: 1. Cowboy chords and power chords 2. Guitar maintenance; changing strings, tuning, cleaning, and more. 3. Right-hand technique and strumming 4. 12-bar blues 5. Intro to lead; pentatonic and blues scales. 6. Self-accompaniment - singing while playing. (Stevens)	Bales Teachers Lounge	W	4:30-5:30 PM	2/5-4/29
<b>Gaining the College Edge: Getting on Schedule</b> HS 01   \$110   Grade 11-12 and/or parents	These four sessions will be an introduction to the application process. We will inform parents and students about college application requirements, deadlines, assessments, and all other steps required to be ahead of the application submission process. We will then look at essay requirements and provide suggestions for writing unique personal essays and short answer responses. Current personal resume entries will be discussed, and students will be guided on how to best fill in the existing gaps. Students and parents will be guided to the SAT and ACT testing sites and we will provide insight on how and when to best approach these assessments. This course will also serve as a precursor to this summer's Gaining the College Edge Bootcamp when we will work with students to polish college essays and short answers and complete and submit college applications. (Hillier + Simons)	FHS 419	T	5:00-6:00 PM	2/4-2/25
<b>Gaining the College Edge: Jump Start</b> HS02   \$110   Age 15-16 and/or parents	These four sessions will be designed to guide 9th and 10th grade students and parents in the college application route. Understanding that a few requirements may change over the course of your time in high school, we will cover college research, high school course selection, community service, organization and club participation, employment, and other extracurriculars that will have you well on the way to a solid resume. We will also spend time looking at the SAT and ACT tests, so that you are up to date on testing scheduling and practice opportunities for these assessments. (Hillier + Simons)	FHS 419	T	6:00-7:00 PM	2/4-2/25
<b>Beekeeping</b> FD02   \$95   Age 18+	You can become a backyard beekeeper! Beekeeping is fun, interesting, and rewarding in many ways. Classes progress through all aspects of beekeeping, including equipment, bee behavior, honey, pests and diseases, seasonal maintenance, and apiary inspections. By the end of classes we can help you acquire your own bees in the spring, and hopefully you will even harvest honey this year! (Rogers, Certified Texas Master Beekeeper)	FHS 423	TH	7:00-9:00 PM	2/6-4/9
<b>Martial Arts Adult</b> MA03   \$65   Age 11+	Learn techniques in art, sport, self-defense and self-confidence. Includes kidnap prevention and awareness. UNIFORMS ARE REQUIRED and may be purchased for \$30 (cash only, please) at the class. Registrations accepted the first three weeks of class. You may attend the first class free!! (Gray)	Bales Cafeteria	TH	7:30-8:30 PM	2/6-5/7

<b>Cooking Weeknight Meals</b> FD03   \$125   Age 18+	<p>I've worked in many kitchens throughout my life, but the most important being my own. Cooking restaurant quality meals isn't hard if you have the right tools, techniques and recipes. This course is for anyone who would like to expand their skills in the kitchen to prepare fresh, fast, and tasty meals that won't take all night and make a mess of the kitchen. (Hervada)</p> <p><b>Class #1</b> will be tools and techniques-focusing on different knife and cooking skills including a list of tools most commonly used in my kitchen. Nothing fancy is needed, just a few basic things.</p> <p><b>Class #2</b> Risotto - the classic and elegant Italian rice side dish that can easily transform into a spectacular entree. It's not as hard as some may want you to think....learn the tips that will make it a regular in your kitchen.</p> <p><b>Class #3</b> Chicken Piccata - turn basic chicken into something fantastic with a few ingredients and some simple techniques. This would pair perfectly with the risotto from class #2.</p> <p><b>Class #4</b> Stuffed Peppers....learn to make recipes your own by building with ingredients of your choice...this preparation will be with beef, sausage, and vegetables but you'll learn how to easily turn it into your own specialty.</p>	FHS Culinary	TH	7:00-8:30 PM	3/19- 4/9
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## Registration Form | Remit payment to Friendswood ISD Community Education

FISD provides equal educational opportunities and does not discriminate against any person on the basis of race, color, religion, national origin, sex or handicap.

Student Name \_\_\_\_\_ School \_\_\_\_\_ Grade \_\_\_\_\_ Age \_\_\_\_\_ Address \_\_\_\_\_

Parent Name \_\_\_\_\_ Parent Phone Number \_\_\_\_\_ Medical or relevant concerns: \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Relationship \_\_\_\_\_ Emergency Contact Phone Number \_\_\_\_\_

Course Code: \_\_\_\_\_ Course Name \_\_\_\_\_ Fee \_\_\_\_\_

Course Code: \_\_\_\_\_ Course Name \_\_\_\_\_ Fee \_\_\_\_\_ HR Teacher \_\_\_\_\_

Course Code: \_\_\_\_\_ Course Name \_\_\_\_\_ Fee \_\_\_\_\_ Check # \_\_\_\_\_

Liability Release: I hereby release Friendswood Independent School District, its agents, employees, independent contractors and volunteers from all responsibility in case of illness, injury, accident, or other loss. I authorize medical treatment for my child in the event it is deemed necessary. I understand I will be notified only if a class is full or canceled. Signature of parent or legal guardian required.

Signature \_\_\_\_\_ Date \_\_\_\_\_ Email \_\_\_\_\_